



EDMONDS KIWANIS

“TIDAL TALES”

“Changing the world one child and community at a time.”

September, 2010

Berry Sales: The Final Report!!!

The berrys have been distributed and the numbers are in. Berry Sales Project Leader, Clayne Leitner, reports the net income for selling strawberries, raspberries and blueberries is **\$2,270.64 !!!**

This is money that will be used to fund our upcoming projects. Thanks to all that assisted Clayne, with a special thanks to Elwin and Shirley for helping Clayne get the berries to the customers.

Here’s a recap of net income in prior years:

Net Income for 2005 - \$2437, 2006 - \$2327, 2007 - \$1996, 2008 - \$2619, 2009 - \$2497, 2010 - \$2271. Next year...let’s set a record!!!

Division Council Meeting



Kiwanis Club of Edmonds attendees;
Elwin, Shirley, Dick, Mary Lou and Virginia



Attendees from Snohomish enjoying some food and fellowship
in Wally and Donna’s pavilion.

The Kiwanis Division 22 council meeting was held at Wally and Donna Wallace’s “pavilion” in Snohomish July 29th. Following a great salmon (or hot dog?) potluck dinner, Wally reviewed the new Kiwanis International initiative to reduce tetanus deaths in 3rd world countries, the various options for building satellite clubs, and helping members with reduced membership fees. This was followed by each attending club reviewing past accomplishments and upcoming events. After the meeting....bocce ball!!! A good time of fellowship, food, and learning more about Kiwanis.

Weekly Kiwanis Meeting:

Edmonds Senior Center
220 Railroad Ave. Edmonds
Tuesday at 10 a.m.

VISITORS ALWAYS WELCOME.

SEPTEMBER PROGRAMS:

- Sept. 7: **Marcie Fosse**, Executive Director, with the Seattle Children's Chorus.
- Sept. 14: **Jim Thayer**, Classic Cars
- Sept. 21: **Ken Gaydos**, International Chaplaincy Ministry
- Sept. 28: **Installation of Officers**

Oct. Program Captain:

Dick Cassutt: 206-755-1231
Morris, Dooley, Murray

GREETERS:

7th: Leitner 14th: Lunstrum
21st: Martin 28th: Miller
9:30 Duty - time!!!

☺CELEBRATIONS☺

- 2nd: Ruth and Dexter Miller
- 3rd: Dexter Miller
- 6th: Jim Buchanan
- 23rd: Bettina and Buck Weaver
- 26th: Yuko Buchanan
- 26th: Joyce Martin
- 30th: Carole and Paul Jacobson

**"The trouble with Socialism is, sooner or later
you run out of other people's money."**

Margaret Thatcher



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Edmonds Night Out:



Elwin and Susan at the Kiwanis table.

Elwin took on the challenge and set up a sponsor table at the July 27th Edmonds Night Out event at Francis Anderson Field. Mary Lou dropped in to assist. Thanks Elwin for your work.

The Taste Of Edmonds:



Ted and Dexter “working” the gate



Eleanor, Dick, and Mary Lou: balancing the books.

Thanks to all the club members that helped staff this event. Your work helped raise \$1,500 for our projects. (Special thanks to Dick Taylor for photos.)

Kiwanis, Boys & Girls Clubs partner to benefit children



Recognizing that no single organization can provide remedy to the needs of children worldwide, Kiwanis International has joined in a memorandum of understanding with Boys & Girls Clubs of America to foster, nurture, and establish a legacy of serving children, a cornerstone mission for both organizations.

Dave Curry, president of Kiwanis International, and Rick Goings, board chair for Boys & Girls Clubs of America, said the partnership “provides great promise for children in communities across the United States.”

Under the terms of the memorandum of understanding, Boys & Girls Clubs would encourage its 4,000 clubs in the United States and other nations to:

- Invite Kiwanis members to visit and possibly meet in Boys & Girls Club facilities
- Explore opportunities for joint projects with Kiwanis family members
- Invite Key Club and Circle K members to volunteer in Boys & Girls Club activities, especially education, sports, and recreation programs
- Invite Kiwanis members to serve as judges in the Youth of the Year contest
- Invite interested and qualified Kiwanis members to become board members of the local Boys & Girls Club.

Kiwanis International would encourage its nearly 8,000 clubs around the world to:

- Visit the local Boys & Girls Club
 - Become a sponsor of the Youth of the Year program
 - Host Boys & Girls Club speakers (including Youth of the Year recipients)
 - Invite club staff, board members, and volunteers to consider Kiwanis membership
 - Access opportunities for service at or through the Boys & Girls Club
- Additionally, Boys & Girls Clubs and Kiwanis members plan to attend and take part in major events such as conventions, large district meetings, training and educational meetings, and other appropriate meetings. Said Curry and Goings, the partnership brings together two powerful forces to provide to young people:
- A safe place to learn and grow
 - Ongoing relationships with caring, adult professionals
 - Life-enhancing programs and character development experiences
 - Hope and opportunity

Discussions are ongoing to define the details of the relationship, but Kiwanis club leaders are encouraged, if they do not already have a relationship with local Boys & Girls Clubs, to begin talking and visiting with local Boys & Girls Club leaders to explore opportunities to work together to benefit area children.

Excerpted from the Kiwanis International web site.



Carl Zapffe Silversmiths

On August 10th, the club visited the Carl Zapffe Silversmiths for our meeting and program. This is a family owned business since 1919. (Pictured: Thad Thompson, mother Audrey, Bill Thompson and Bill's daughter, Megan.)



Club members being educated on the craft and art of silver smiths.

Our club found this field trip educational and fun. This is the kind of “adventure” that brings in and help retain members. Thanks to Frank and the August program team for this effort. (photos from Frank and Elwin).

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”

Anne Frank

HAPPINESS

- Hold on to your dreams.**
- Ask questions.**
- Plan to succeed.**
- Proceed with confidence.**
- Invest in the right attitude.**
- Never stop believing.**
- Enjoy the detours.**
- Save time for little things**
- Share a smile every day.**



"Hints from Heloise" Turns 50

This year marks the 50th anniversary of the newspaper column that eventually became "Hints from Heloise," one of America's most trusted sources of household advice. To celebrate this milestone, *Bottom Line/Personal* asked the current Heloise, who has written the column since her mother's death in 1977, to sort through a half-century of hints to select her personal favorites and the hints her readers most often request...

Clear stubborn odors from a microwave. Odors often work their way deep into the mechanisms, where no amount of scrubbing removes them. Instead, put a handful of chopped lemon or lime rind or a tablespoon of vanilla extract in a microwave-safe bowl that can hold at least four cups. Add one cup of water, then put the bowl in the microwave and heat it until the water boils.

(Microwave wattage varies, so cook only as long as it takes for the water to boil.) The heated citrus or vanilla acts as an air freshener, covering the offensive odor.

Caution: To avoid being scalded, let the water cool for at least 15 minutes before opening the door, then wipe out the microwave.

Bonus: The heat and moisture from the boiling water loosen any gunk stuck to the inside of the microwave, making it easier to remove. **Deodorize smelly drains.** Combine one-half cup of baking soda with one-quarter cup of table salt, then pour the mixture down the drain. Pour one to two cups of white vinegar in after it -- the drain will foam and bubble. Wait 15 to 30 minutes, then put the stopper in the sink and fill it with hot water. As soon as the sink is full, pull out the stopper (use tongs so that you don't burn your hand) and let water flush the drain clean. If odor persists, pour one-half cup of hydrogen peroxide or white vinegar in the drain, let sit for 20 to 30 minutes, then fill the sink with cold water and pull the stopper to flush clean.

Eliminate ring around the collar. Squirt a small amount of inexpensive hair shampoo onto the ring, and rub it together before putting the shirt in the wash. Shampoo is designed to clean body oil and sweat from hair, and it does this just as well on shirt collars.



Keep dark clothes dark. Turn dark clothes inside out before putting them in the washer to limit abrasion, slowing the fading process. Air-drying further limits fading. Avoid the clothing-care trap by reading care labels before buying garments. "Dry-clean only" clothes may not be a good deal, even when they're on sale -- they may be too expensive to clean.

Remove ballpoint-ink stains. Place the washable garment on a towel, stain-side down. Lightly dampen a cloth with rubbing alcohol (test an inconspicuous area of the garment first to make sure the fabric is alcohol-safe), and use this to dab the stain from the opposite side of the fabric -- just dab, don't rub. Don't dab from the stain side, which can push ink further into the fabric. Continue dabbing until no more ink comes off onto the dabbing cloth or towel beneath. (Move the towel frequently so that there is always a clean area under the stain to absorb the ink. Apply stain pretreater or liquid laundry detergent directly to the remaining ink stain, let it set for a few minutes, then wash according to the garment's care instructions. Air-dry. Never put any stained item into a dryer. The dryer's heat makes any stain that remains more difficult to remove.

Remove mustard and chocolate stains. Rub a few drops of liquid glycerin (available online, in drugstores and in some grocery stores) into these stains with your fingers, then rub the stained section of the material together for a few seconds. Next, apply stain remover or laundry detergent directly to the stain. Wash in cool water, and air-dry.

Get gravy stains out of a tablecloth. Spoon up as much of the spilled gravy as possible as quickly as you can. Sprinkle flour or artificial sweetener over the stained area -- this should absorb much of the grease. When the flour or sweetener becomes clumpy, brush it off and lay the stained section of the tablecloth in a sink of lukewarm water. Add one teaspoon of a mild, colorless laundry detergent for each cup of water in the sink, then soak for 20 minutes. Wash according to the care instructions.

Remove candle wax from carpet. Fill a metal pan with ice cubes, then set the pan on top of the wax until it freezes solid. Use a small hammer to shatter the frozen wax, then vacuum up the shards. Press pieces of tape, sticky side down, into the carpet to pick up pieces that remain. If there's still wax residue, apply a small amount of dry-cleaning solvent/spot remover (from the laundry section of your grocery store or drugstore) to a clean terry cloth or microfiber cloth, and use this to dab the section of carpet. Let the solvent dry, then dampen a cloth with water and dab the area again.

Bottom Line/Personal interviewed Heloise, columnist and contributing editor to *Good Housekeeping*. Her real name is Poncé Cruse Evans, and she lives in San Antonio. She is author of the syndicated "Hints from Heloise" newspaper column and numerous books on household cleaning and organization, including *All-New Hints from Heloise* (Perigee Trade). www.heloise.com



Ten Commandments... Keeping it simple and to the point

Some people have trouble with all those 'shall's' and 'shall not's' in the Ten Commandments. Southern Country Folks just aren't used to talking in those terms. So, in middle Tennessee they translated the 'King James' into ' Jackson County ' language.....no joke (posted on the wall at Cross Trails Church in Gainesboro , TN).

- (1) Just one God
- (2) Put nothin' before God
- (3) Watch yer mouth
- (4) Git yourself to Sunday meetin'
- (5) Honor yer Ma & Pa
- (6) No killin'
- (7) No foolin' around with another fellow's gal
- (8) Don't take what ain't yers
- (9) No tellin' tales or gossipin'
- (10) Don't be hankerin' for yer buddy's stuff

Contributed by Clayne Leitner

Back to the Future with Thomas Jefferson:
I predict future happiness for Americans if they can prevent the government from wasting the labors of the people under the pretense of taking care of them.

Thomas Jefferson

My reading of history convinces me that most bad government results from too much government.

Thomas Jefferson

To compel a man to subsidize with his taxes the propagation of ideas which he disbelieves and abhors is sinful and tyrannical.

Thomas Jefferson



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KEY CLUB NEWS:

Edmonds - Woodway:

Advisor: Wendy Priest

Kiwanis Contact: Dick Cassutt

Meeting Time: School is starting up!!!

Meadowdale:

Advisor: Elizabeth Cano

Kiwanis Contact: Elwin Wright

Meeting Time: Time to focus on success!!!

"People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success."

Norman Vincent Peale

Avamere/Richmond Rehab Renews:



RICHMOND BEACH REHAB

Part of the Avamere Family of Independent Companies

Our friends at Richmond Beach Rehab have renewed their sponsorship of the Kiwanis Club of Edmonds for another year. We are so thankful for the local businesses, like Richmond Beach Rehab, that align themselves with our mission of helping the youth of our community.

THANKS RICHMOND BEACH REHAB!!!

Listed below is some info on this wonderful facility. For more complete info, visit their web site or better yet, the facility. Ask for Leslie Jensen.

"Rehab At The Beach"

Transitioning You From Hospital To Home:

24-Hour Nursing Care • Physical Therapy
Occupational Therapy • Speech Language Therapy
And Helping You Stay Home: Outpatient Therapy
Awarded **4 Stars** By The CMS Quality Rating System
Received Step I & Step II Awards
for Quality Achievement from the AHCA
You are welcome to tour at any time.
19235 15th Ave NW • Shoreline, WA 98177 • 206-546-2666.



Edmonds Kiwanis Officers:

President: Mary Lou Kantor (425)-712-8085
Pres. Elect: Elwin Wright (425)-776-2892
V.Pres.: Clayne Leitner (206)-542-6351
Secretary: Shirley Elliot (425)-778-0756
Treasurer: Billy Joe Roberts (425)-778-1843
Past Pres.: Paul Jacobson (425)-771-8949

Edmonds Kiwanis Board:

Seamus Dooley (425)-640-0640
Dexter Miller (425)-744-2346
Scott Phariss (206)-542-9818
John Rutter (425)-778-6502
Duane Penning (206)-715-8837
Eleanor Taylor (425)-774-5376
Ray Roe (206)-542-2913

PNW Division 22:

Lt. Governor: Wally Walsh (360)-568-5936

Calendar of Events :

Sept. 18: Monroe Golf Scramble

Blue Boy West Golf Course
Contact Jim 425-231-5186

Sept. 21: Kiwanis Board Meeting

8:30-SCSC Library

Sept. 26: Monroe Corn Roast

1:30 - 5 PM, Frohning Farm
19528 Tuaeon Rd.
Cost: \$10...all you can eat!

"Do more than belong: Participate.

Do more than care: Help.

Do more than believe: Practice.

Do more than be fair: Be kind.

Do more than forgive: Forget.

Do more than dream: Work".

William Arthur Ward



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These are the local businesses that help support the Kiwanis' mission.

Remember to Patronize our Loyal Supporters!!!

ARISTA Wine Cellars

320 5th Ave South,
Edmonds, 772-7008

"Great Finds with Vintage Service"
Wine Tasting every Sat. 1 - 4:30

ADVANCED HEARING SYSTEMS

Ray Ault
104 5th Ave N
Edmonds, 771-3886

Richmond Beach Rehab.

An AVAMERE community
19235 15th Ave. NW
Shoreline
206-546-2666

*"To Enhance the life
of every person we serve."*

ALDERCREST AUTO REBUILD

2415 196th SW
Lynnwood, 775-2424

"The Solution for all your
Collision Repair Needs"

ARNIE's Restaurant

300 Admiral Way,
Edmonds 771-5688

"Pacific Northwest Favorites"

Early Bird Specials

4-6 p.m. Saturday-Friday

DAYTON DENTAL

Dr. Matthew Flugstadt

555 Dayton St.,
Edmonds, 672-7272

RELIABLE FLOOR COVERING

542 Main St.,
Edmonds, 778-1121

WALNUT ST. COFFEE

410 Walnut St.,
Edmonds 774-5962

"Your neighborhood coffee shop"

Shepherd & Shepherd Attorneys

112 3rd Ave South,
Edmonds, 776-1155

ALLSTATE INSURANCE

Mike McGinness
Main Street Insurance

214 Main Street

Edmonds, 774-4488

"You're in good hands"

SWEDBERG EYE CARE

Ophthalmology Clinic

Dr. Steven H. Swedberg, MD

21827 76th Ave. W.

Suite 102

Edmonds, 778-2500

GARDEN COURT Retirement Community

"A Home With a Heart"

520 112th St. SW

Everett, 438-9080

EDWARD JONES INVESTMENT

Alan E. Lawrence

107 5th Ave North,

Edmonds, 670-1988

"Making Sense of Investing"

The Bank of Washington

202 5th Ave South,

Edmonds, 776-2265

"Quality Local Banking"

BECK'S

FUNERAL HOME

405 5th Ave South

Edmonds, 771-1234

"Restlawn Memorial Park"

OUR SERVICE, OUR COMMITMENT, OUR PROJECTS

Young Children: "Priority One"

"Little Red School House"

Activity Supplies, Meadowdale Pre-School

"WithinReach" (aka, "Healthy Moms, Healthy Babies")

"Delta Foundation"

Youth Services

Edmonds-Woodway High School Key Club

Meadowdale High School Key Club

"Children's Hospital"

"Louis Braille School"

"Clothes for Kids"

Bicycle Safety Helmets

Student Dictionary Project

"Dale Turner" YMCA

Community Service

Edmonds Food Bank

South County Senior Center

