

# "TIDAL TALES"

*"Changing the World, one Child and Community at a Time."*



APRIL 2014



**Think you won't make a difference?  
Think again!**

Each year, Kiwanis clubs around the world join in a day of service. **In 2014, Kiwanis One Day is April 5.** It's a global effort, but it's made of personal commitments.

After all, Kiwanis One Day consists of the involvement of Kiwanis club members around the world. It begins with your club's participation. It extends to the impact you have on your community. And it results in an international spirit of service that inspires people worldwide.

There will be no limit to what you can do—and no boundaries on your spirit of fellowship. In fact, your efforts will be echoed by clubs in communities all over the globe.

*Start planning today for YOUR Kiwanis One Day...*

## YMCA HEALTHY KIDS DAY



On Saturday April 26<sup>th</sup>, the Kiwanis Club of Edmonds will be staffing a table at the Dale Turner YMCA in Shoreline. "Healthy Kids Day". This fun family event will run from 10 am -1 pm. This is our second year at the event....and we will need to have a team of folks there, some to setup and others to interface with the many attendees at this event.

The Tuesday Crew has been developing some new resources, to bolster what we already have re Kiwanis's mission, etc., for handing out to the public. In addition, we will hand out bags of pop corn and whatever other goodies we come up with.

**Maura will be asking for signups soon...  
so standby!!!**

## Kiwanis Meeting(s):

Every Tuesday at NOON

**\*\*\*THE PANCAKE HAUS\*\*\***

OR

for the "Working Folk"

Tuesday, 6 pm, APRIL 1

Shoreline Windermere\*\*

900 N 185th St, Shoreline

**\*\*For additional information contact:**

Scott Phariss (206)-542-9818

Susan Henry (206)-755-1231

## TUESDAY PROGRAMS:

- 01: Tilda Doughty - Clothes for Kids
- 08: Howard Montoure - Kiwanis District Foundation
- 15: Toshiko Aramaki - **YMCA**  
Healthy Living and other topics for Active Older Adults
- 22: Maura Parkhurst - **YMCA**  
Satellite (Tuesday Crew) Update plus "YMCA's Healthy Kids Day" event and Kiwanis Club role at the event
- 29: **ANNUAL BUSINESS MEETING (no program)**

## CALENDAR of EVENTS:

- 05: **Kiwanis ONE DAY**
- 5-17: **Mt. Vernon Kiwanis Salmon BBQ**  
During Tulip Festival. Hillcrest Park  
11 am - 7 pm daily
- 15: **Board meeting, 10:30 Pancake Haus**
- 24: **Division Council, Everett Evergreen Bowling**  
6 PM dinner, 7 PM meeting
- 26: **YMCA Healthy Kids Day Event**  
10 -1, Dale Turner Family YMCA Shoreline

## CELEBRATIONS:

- 03: **Karl Lundberg (Juliana)**
- 05: **Duane Penning, Chris Williams**
- 17: **Frank Sahara**
- 22: **Juliana Van Buskirk**

## MAY PROGRAM TEAM:

**Captain: GEORGE MURRAY**

(425-672-9004)

Rutledge, C. Williams, Van Buskirk



### April's birth flower

is the daisy which conveys innocence, loyal love, and purity. It is also a flower given between friends to keep a secret; the daisy means "I'll never tell." The other April flower is the sweet pea. Sweet peas signify blissful pleasure, but are also used to say good-bye.

April is a promise that May is bound to keep.  
Hal Borland

Elections should be held on April 16th- the day after we pay our income taxes. That is one of the few things that might discourage politicians from being big spenders.

Thomas Sowell

Sweet April showers do spring May flowers.  
Thomas Tusser

Here cometh April again, and as far as I can see the world hath more fools in it than ever

Charles Lamb

April hath put a spirit of youth in everything.  
William Shakespeare

Real friends are those who, when you feel you've made a fool of yourself, don't feel you've done a permanent job.

-Unknown author

Let us be thankful for the fools. But for them the rest of us could not succeed.

-Mark Twain

### Beer Suitcase - buy at Firebox.com



- Holds an impressive 60 litres of fresh, foamy beer
- Sturdy and stylish 'suitcase' design
- Detachable tap and handle

Possible silent auction item for next year's crab feed? Always looking for ideas....☺

### Important Dates in April

Every month is associated with particular themes, observances, holidays, events and more. Any given month may feature, for instance, the celebration of significant birthdays, inventions or landmark events, along with entire weeks designated to promote awareness of specific topics. Some are historic, while others are fun, unusual or simply interesting to know.

Each of the following items is unique to April and offers students a potential topic for research. You can find relevant articles in NewsBank resources by using the search terms provided in parentheses.

#### Monthly Themes-April

- Autism Awareness Month (autism)
- Poetry Month (poetry)

#### Important Days and Weekly Themes-April

- Apr. 7 World Health Day ("world health")
- Apr. 15 Income Tax day ("income tax")
- Apr. 16-22 Astronomy Week (astronomy)
- Apr. 16-22 National Volunteer Week (volunteer)
- Apr. 22 Earth Day (earth or environment)

#### Inventions, Patents, Discoveries and Firsts-April

1896 – First Olympic Games held in Athens, Greece ("Olympic Games")

1897 – First annual Boston Marathon run ("Boston Marathon")

1898 – North Pole discovered ("North Pole")

1906 – The Great San Francisco earthquake hits ("San Francisco" AND earthquake)

1945 – The United Nations is organized ("United Nations")

1948 – The World Health Organization (WHO) is founded ("World Health Organization")

#### Historic Events-April

1775 – Paul Revere's famous ride from Charlestown to Lexington, MA ("Paul Revere" AND "Revolutionary War")

1775 – The Revolutionary War begins ("Revolutionary War")

1865 – General Robert E. Lee surrenders to Ulysses S. Grant ending the Civil War (Lee AND Grant AND "Civil War")

1865 – President Lincoln shot ("Abraham Lincoln")

1949 – The North Atlantic Treaty Organization (NATO) is signed (NATO)

#### Birthdays (search on person's name in quotation marks)

#### U.S. Presidents-April

- Thomas Jefferson, 3rd U.S. President
- James Buchanan, 15th U.S. President

#### Sports, Entertainment, Literary and Arts Figures-April

- Eugene Delacroix, painter
- Lon Chaney, actor
- Washington Irving, author
- William Shakespeare, playwright
- John James Audubon, artist and naturalist
- Raphael, Italian painter
- Leonardo da Vinci, artist, sculptor, inventor

#### Founders, Inventors, World and Historical Figures and Others-April

- Colin Powell, Secretary of State (former)
- Wilbur Wright, pioneer aviator
- Betty Ford, Former first lady
- Kofi Annan, UN Secretary General (former)
- Henry Clay, statesman
- Guglielmo Marconi, inventor
- Coretta Scott King, civil rights leader

## "SELLING KIWANIS":



One of the most crucial aspect of sales is to *know the product you are selling and why it is worth investing in*. What do you tell people about Kiwanis? Do you limit your story to what our club does?

How well do you know “your product”, Kiwanis, and all the available features? Take time to read this extract and realize what we are and that we can be so much more...☺

Kiwanis clubs, located in 80 nations, help their communities in countless ways. Each community’s needs are different—so each Kiwanis club is different. By working together, members achieve what one person cannot accomplish alone. When you give a child the chance to learn, experience, dream, grow, succeed and thrive, great things happen.

### **Service footprint:**

Service is at the heart of every Kiwanis club, no matter where in the world it’s located. Members stage nearly 150,000 service projects and raise nearly US \$100 million every year for communities, families and projects.

### **A family of servant leaders:**

Kiwanis clubs focus on changing the world by serving children, one child and one community at a time. To do this, many clubs also sponsor a Kiwanis family club—K-Kids for primary school children; Builders Clubs for adolescents; Key Clubs for teens; CKI clubs for university students and Aktion Clubs for adults living with disabilities—to reach more people and have a greater service impact on their communities.

### **Traditional and not:**

No two Kiwanis clubs look exactly the same. Each member’s and community’s needs are different, and each club should look different. Some clubs are very traditional, with weekly meetings and a strong sense of history. Other clubs don’t meet at all, and instead hold meetings online and only come together for service projects. Newer clubs may follow the 3-2-1 concept: 3 hours of service, 2 hours of social activity and a 1-hour meeting each month. Clubs should reflect their communities and their members and should work to meet their needs. Flexibility is key to a successful club.

### **Fellowship and fun:**

Kiwanis members don’t just do service—they have fun. Members make new friends by being part of a club where they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people from all over their region and the world through service projects, fundraising and by attending district and international conventions.

## INTERESTING FACTS ABOUT THE WORLD WE LIVE IN:



### RICHEST COUNTRIES

(GNP in USA Dollars)

- **United States** \$49,800
- **Luxembourg** \$45,360
- **Switzerland** \$44,355
- **Japan** \$41,010
- **Liechtenstein** \$40,000
- **Norway** \$34,515

### POOREST COUNTRIES

(GNP in USA Dollars)

- **Mozambique** \$80
- **Somalia** \$100
- **Eritrea** \$100
- **Ethiopia** \$100
- **Congo, DNC** \$100

### LARGEST METRO AREAS ON THE PLANET

Numbers shown are the population within the immediate surrounding area of the established border of the city, and also include the city limit population figures. *Revised (05/11)*

- **Tokyo, Japan** 35.6 million
- **Chongqing (Chungking), China** 31.4 million
- **New York City, Philadelphia area, USA** 30.1 million
- **Mexico City, Mexico** 21.5 million
- **Seoul, South Korea** 20.15 million
- **Sao Paulo, Brazil** 19.9 million
- **Jakarta, Indonesia** 18.2 million
- **Osaka-Kobe-Kyoto, Japan** 17.6 million
- **New Delhi, India** 17.36 million
- **Mumbai, India (Bombay)** 17.34 million
- **Los Angeles, USA** 16.7 million
- **Cairo, Egypt** 15.86 million
- **Calcutta, India** 14.3 million
- **Manila, Philippines** 14.1 million
- **Shanghai, China** 13.9 million
- **Buenos Aires, Argentina** 13.2 million
- **Moscow, Russian Fed.** 12.2 million

## **YOUNG CHILDREN** **PRIORITY ONE:**



Children's needs vary from community to community. With *Young Children Priority One*, your club can assess what the youngest members in your area need the most, then address those needs with the full support of Kiwanis International behind you.

Young Children Priority One focuses on children prenatal through age 5 through four areas:

- maternal and child health
- child care and development
- parent education and support
- safety and pediatric trauma

The program lets clubs choose what causes to support, what services to perform and what fundraisers are most appropriate.

Participating clubs hold two service projects for this age group each calendar year.



### **Project tips**

Before beginning a project:

- Determine the most relevant and important issues affecting youth in its community.
- Conduct a community needs analysis and discuss options with club and community leaders.
- Identify your club's skill set and how you can make a measurable impact. Projects should strike a nice balance between resources, time, and energy. For example, while some club members can work weekly on a project, others can only devote an afternoon a month. Consider identifying projects that appeal to all your members.

Several members have asked about this area of service...serving young children. The question arises, "just what are WE doing in this arena?" Hopefully, this overview will prompt someone to step up and take on a leadership role in this important aspect of serving the youth of our community.

As noted, it does not have to be an onerous task...with only two projects per year...and with the help of other club members, this will be a rewarding and meaningful endeavor.

**[Interested in serving in this area? Make your desires known....we can always use leadership in this area.](#)**

### **YCPO project idea list**

There are so many children in need, and so many ways to help. The ideas in this list fall into four key categories. Choose the area that's right for you and your club.

#### **Maternal and infant health**

Healthy mothers are more likely to deliver healthy babies. Learn how your club can play a part in caring for babies even before they're born.

- **Immunizations**
- Alcohol awareness
- Lead poisoning
- Smoke awareness
- For your baby before it's born
- Childhood diseases you can

#### **Child care and development**

**Toys, hugs and a safe place to play—children need all of these. Find out what you and your club can do to help young children grow, thrive and learn.**

- Playgrounds
- Play days
- Intergenerational programs
- Child care
- Early childhood development
- Brain development
- Reading Is Fundamental
- Field trips

#### **Parent education and support**

**What job could be more rewarding—or difficult—than parenting? Discover ways your club can empower parents to cope with the demands of caring for young children.**

- Parenting fair
- Awareness and prevention of child abuse
- Parenting education
- Parents Anonymous
- Shaken Baby Syndrome
- Home visitation
- Fetal Alcohol Spectrum Disorders Bulletin
- Fetal Alcohol Spectrum Disorders Tri-fold Brochure

#### **Safety and pediatric trauma**

**Too often, parents don't know what to do when an accident happens. You and your club can provide tools to show parents how to respond when the worst really does come to pass.**

- Home security checklist
- Burns
- Smoke detector safety
- Open water safety
- Pediatric trauma
- Children's Miracle Network
- Kiwanis dolls

**[Check out the Kiwanis International site for more info](#)**



**Edmonds Kiwanis Officers:**

**President:** Ray Ault (425)-771-3886  
**Pres. Elect:** Harold Huston Resigned  
**V.Pres.:** George Murray Resigned  
**Secretary:** Paul Jacobson (425)-771-8949  
**Treasurer:** Billy Joe Roberts (425)-778-1843  
**Past Pres.:** John Rutter (425)-778-6502

**Edmonds Kiwanis Board:**

**Juliana Van Buskirk** (425)-776-2870  
**Mary Lou Kantor** (425)-712-8085  
**Duane Penning** (206)-715-8837  
**Dick Cassutt** (425)-967-5345 \*  
**Clayne Leitner** (206)-542-6351 \*  
**Shirley Elliot** (425)-778-0756 \*  
**Maura Parkhurst** (206)-569-7015 \*  
(\* = two year term)

**PNW Kiwanis Division 22:**  
**Lt. Governor:** Gary Wolfe  
garyl.wolfe@comcast.net

**ANNUAL BUSINESS MEETING INFO:**



The club's annual business meeting will be held on April 29<sup>th</sup>. At this meeting we will hold elections of new officers and board members plus vote on amended club bylaws.

The following terms have expired: President Elect John Rutter, board members Juliana Van Buskirk, Duane Penning, and Mary Lou Kantor. In addition, we will need to fill the president, president elect, and vice president slots due to resignations.

The nominating committee, comprised of Ray, John, Mary Lou, and Clayne, will be seeking out members, who are able and willing to serve the club on the board, and stand for election.

Regarding proposed changes to the bylaws, copies of proposed changes will be made available to members at the April 22<sup>nd</sup> meeting.



**EDMONDS - WOODWAY HIGH KEY CLUB :**

**Advisor:** Wendy Priest  
**Kiwanis Contact:** Dick Cassutt  
**Meeting Time:** Tuesday, 7:00 pm  
**Club Officers:**  
**Co-President:** Marlee Tillman, Okie Kim  
**Vice-Presidents:** Kaveena Ranaweera, Courtney Gu  
**Secretary:** Naomi Kim  
**Treasurer:** Christelle Silve  
**Bulletin Editor:** Olivia Carrigan

**PNW Key Club Division 21:**

**Lt. Gov:** Selina Nguyen  
selinanguyen.pnw21@gmail.com

**MEADOWDALE HIGH KEY CLUB :**

**Advisor:** Anne Stewart  
**Kiwanis Contact:** Elwin Wright  
**Meeting Time:** 2:00 every 2<sup>nd</sup> and 3<sup>rd</sup> Tuesdays  
**Club Officers:**  
**President:** Tiffany Daniggelis  
**Vice President:** Sadie Jordan  
**Secretary:** Tammy Ho  
**Treasurer:** Erin Seo  
**Board Editor:** Dana Flynn



**HAPPY BIRTHDAY BILLY JOE**

**CONGRATULATIONS** on joining the "90 + year club" along with Buck, Matty, and George. Thanks for all you do for Kiwanis as our faithful, dependable, and long serving treasurer.

**ANOTHER PERSPECTIVE ON GIVING:**

"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me."

Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?'

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"

**Remember to patronize our loyal supporters!!!**  
Local businesses supporting the Kiwanis mission...

**ARNIE's Restaurant**

300 Admiral Way,  
Edmonds 771-5688  
"Pacific Northwest Favorites"  
Early Bird Specials  
4-6 p.m. Saturday-Friday

**BECK's FUNERAL HOME**

405 5<sup>th</sup> Ave South  
Edmonds, 771-1234  
"Restlawn Memorial Park"

**THE BANK OF WASHINGTON**

202 5<sup>th</sup> Ave South,  
Edmonds, 776-2265  
"Quality Local Banking"

**RELIABLE FLOOR COVERING**

542 Main St.,  
Edmonds, 778-1121

**SWEDBERG EYE CARE**

Ophthalmology Clinic  
Dr. Steven H. Swedberg, MD  
21827 76<sup>th</sup> Ave. W.  
Suite 102  
Edmonds, 778-2500

**WALNUT ST. COFFEE**

410 Walnut St.,  
Edmonds 774-5962  
"Your neighborhood coffee shop"

SPACE AVAILABLE

**ARISTA WINE CELLARS**

320 5<sup>th</sup> Ave South,  
Edmonds, 772-7008  
"Great Finds with Vintage Service"  
Wine Tasting every Sat. 1 - 4:30

**ADVANCED HEARING SYSTEMS**

Ray Ault  
104 5<sup>th</sup> Ave N  
Edmonds, 771-3886

**DAYTON DENTAL**

Dr. Matthew Flugstad  
555 Dayton St.,  
Edmonds, 672-7272  
"A beautiful smile,  
a beautiful life"

**WASHINGTON FEDERAL**

Lynnwood Branch  
Susan Henry, Branch Mgr.  
5809 196<sup>th</sup> St. SW  
Lynnwood  
425-776-1121  
"Invested Here"

**WINDERMERE REAL ESTATE**

Scott T. Phariss  
(206-931-9027)  
900 N 185th St.  
Shoreline,  
206-546-5731

"Creating thriving communities"

SPACE AVAILABLE

**ALLSTATE INSURANCE**

Mike McGiness  
214 Main Street  
Edmonds, 774-4488  
"Are you in good hands?"

**ALDERCREST AUTO REBUILD**

2415 196<sup>th</sup> SW  
Lynnwood, 775-2424  
"The Solution for all your Collision Repair Needs"

**EDWARD JONES INVESTMENT**

"Making Sense of Investing"  
Juliana Van Buskirk  
Financial Advisor  
313 Main Street  
Edmonds, 776-2870  
Alan E. Lawrence  
Financial Advisor  
107 5<sup>th</sup> Ave North,  
Edmonds, 670-1988

**FAIRWINDS-BRIGHTON COURT Retirement Community**

6520 196<sup>th</sup> St. SW, Lynnwood  
425-775-4440  
"It's more than retirement.  
It's Five-Star Fun"

SPACE AVAILABLE

**Kiwanis Club of Edmonds Charitable Foundation**

(a 501 (C) 3 organization)

**"Changing the World, one Child and Community at a Time."**

**PROJECT SUPPORT NEEDED FOR:**

Kiwanis Children's Cancer Project (KCCP), Dictionary Project for all Edmonds 3<sup>rd</sup> Graders,  
Bicycle Safety Helmet Project, Scholarships for High School Students, School Back Pack Food Programs,  
Support of Key Clubs at Edmonds -Woodway and Meadowdale High Schools.

Tax deductible donation checks should be made out to  
**The Kiwanis Club of Edmonds Charitable Foundation...**

and mailed to P.O. Box, 221, Edmonds, WA 98020.