

# Stan-Cam Happenings



Stanwood-Camano Kiwanis Club  
Pacific Northwest District  
Division 21

Vol. 05/06 Num. 8  
May 2006

## Stanwood-Camano Kiwanis

Meets every Thursday, 7am at  
Viking Restaurant in Stanwood.  
Board meets last Tuesday, 7am.

### Mailing Address:

PO Box 583  
Stanwood, WA 98292

### Club Officers

*President:* Pamela Barton  
PO Box 1138

Stanwood, WA 98292  
phone: (360) 629-0590  
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*Secretary:* Char Peiffer  
87 Lynn Drive

Camano Island, WA 98282  
phone: (360) 387-2643  
email: tomcharpeiffer@mindspring.com

*Treasurer:* Darby Cook  
phone: (360) 939-2225  
email: darbycook@hotmail.com

*Pres. Elect:* Char Peiffer

*Vice Pres.:* John Hanstad  
phone: (360) 445-2102  
email: jhanstad@wibank.com

### Board Members:

2006: Bob Jacobs, Palmer Sather  
2007: Tom Peiffer, Kevin Burham  
2008: Bob Mitchell, Carolyn Tobiason  
*Committees:* See page 3.

### PNW Division 21 (see p. 2)

2005-06 Lt. Gov.: Char Peiffer

### Pacific Northwest District

2005-06 Gov.: Steve Emhoff  
website: www.pnwkiwanis.org

### Editor: Erika Sigmon

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Information for publication should  
be phoned or emailed to Erika  
Sigmon by 5pm of the last  
Tuesday of each month.  
Photos may be submitted.

## Comings and Goings

The **Camano Climb** is Sunday, May 7. If you haven't been contacted about helping during the event, contact Howard ASAP - he has the list of who is doing what.

Our **Kiwanis Relay for Life Team** held a garage sale in April and raised over \$400 for the American Cancer Society. Team members are signing up to walk during the two-day event - team members should contact Peggy, if you haven't signed up yet. Remember to sponsor one of them!! It's for a good cause! Also if you know a cancer survivor (anyone living who has cancer or is in remission), they are invited to come to join in the first lap of the relay - they get a free t-shirt and cake and lots of cheering! Contact Peggy, Carolyn or Glenda for more information.

We have a new **fundraiser** - Marysville Kiwanis Club invited us to man one of their **fireworks** booths from June 27 through July 4. We will need everyone to sign up for at least one shift. Jack Peary will be working out

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## Club Meetings

Contact Tom Peiffer or a person listed below with any program ideas.

### May Programs

- 4 Tim Kramer
- 11 Bob Jacobs
- 18 Ray Cresap
- 25 Ron Frey



### June Programs

- 1 Kristi Friday
- 8 Meg Griswold
- 15 Bob Mitchell
- 22 Jack Peary
- 29 White Elephant Auction - bring your items!



[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

## Calendar of Events

### May

- 7 Camano Climb
- 7-13 Kiwanis Prayer Week
- 14 Mother's Day
- 29 Memorial Day
- 30 Club Board Mtg, 7am

### June

- 3-4 Relay for Life, Stanwood (3pm survivors' lap & start, 10pm luminary, 10am finish)
- 14 Flag Day
- 18 Father's Day
- 24 Div. 21 Picnic with special guest, PNW Gov. Steve Emhoff

- 27 Club Board Mtg, 7am
- 27-Jul 4 Fireworks Fundraiser - everyone needs to help!
- 28-Jul 2 Kiwanis Intl Conv., Montreal, Quebec, Canada.

### Future Dates

- Jul 7 Division 21 Meeting
- Aug 4-6 Stanwood Fair - Fish & Fry sales.
- Aug 26 Stanwood Safety Fair.
- Aug 17-20 PNW District Convention, Lincoln City, Oregon.

## From the President . . .

What a delightful spring! I hope many of you have enjoyed the tulips around Mt Vernon and the salmon BBQ our neighbor Kiwanis clubs prepare. Took a walk and saw one neighbor's rhodies just past prime, another's are coming out now. It seems that everywhere, the flowers are in their finery. It's a lovely time of year.... YES! And by gumbo, hopefully the weather will be perfect for our Camano Climb on May 7th... Thank you Howard for confirming everyone's job on that day for our fundraiser.. yes, he had to do a little arm twisting, but it's for the kids. Keep that in mind when we need manpower for a project. It may not be what we "like" to do, but if it's a Kiwanis project, then please pitch in and help. Our attitude is part of what makes our club able to help so many children and our community... Let's keep our attitude one of generosity, for the sake of our fellow club members so that the efforts are shared more equitably. Even if we do not attend all the meetings, we can help with something for all the projects... We have the sale of Fireworks coming up... please agree to take a shift, at least one. Again, there will be several members who do three or more. These are the safer, saner fireworks, and look at it this way, money is money for our projects. It might as well go into OUR treasury... RIGHT? Thanks to all who volunteer, who help set up for meetings, who go on the interclubs, who are members... thank you all, for what you do to help and encourage others.

*Presq Pamela*

A long time ago this was written by Walter F. Meier of Seattle. I hope you enjoy it as much as I have over the years. Happy Mothers Day! ~Char

## Mother

Mother is the world's most precious possession. She is God's noblest handi-work. Without her the human race must long ago perish forever. Nurtured by her tender and loving care it still lives, and it is striving to emulate the Master.

No one can be so brave as Mother. No danger can swerve her from the call of duty; no pestilence can stay her footsteps upon an errand of mercy; and without a tremor or a faltering step, she walks unafraid along the brink of the abyss of eternity to fulfill her mission of destiny.

No love can be like unto that of Mother. Her child may neglect her, stray from her, aye, even disdain and forget her, but throughout the silence watches of the night, she will listen for his footsteps, and breathe a forgiving prayer for his welfare and happiness.

And when she is arrayed in the white robes of an angel, there can be enshrined in the human heart no memory that is as dear as that of Mother. Upon our aching bed of pain, we grow weary, we long for the soothing touch of her hand. As we grow weary, and our footsteps falter upon the pathway of life, we are made stronger by the remembrance of her encircling arm. Then, when we hear the clear call of the Maker, we shall go in the fond hope of an eternal meeting with Mother.

## Did you know . . . ?

. . . that a Young Children Priority One project is one that benefits children neonatal to 5 years old. Each Kiwanis club is urged to do at least one major YCPO project each year.

### Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - [www.kiwanis.org](http://www.kiwanis.org) - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

\*\*Let the Secretary know if you attend any of these meetings or events.

### Other Division 21 Clubs:

**Arlington** -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Pres: Gilman McKinnie, 360-435-5153.

**Darrington** -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Ken Bell, 360-436-9818

**Everett-Evergreen** -- Meets Fri. 7am, Evergreen Bowling Alley; Pres: Craig Forbes, 425-252-3173.

**Everett Golden K** -- Meets Thurs.

10am, Everett Senior Center; Pres: Ben Hansen, 425-252-6258.

**Lake Stevens** -- Meets 1st Wed 7pm, other Weds. 6:30am, Buzz Inn; Pres: Laura Brady-Scott, 425-335-1997.

**Marysville** -- Meets Tues. 7am, Village Restaurant; Pres: Walt McKinney, 360-659-7437.

**Mukilteo** -- Meets Tues. 7:30am, Harbour Pointe Golf Club; Pres: Judith Murdoch, 425-493-6763.

**Silver Lake, Everett** -- Meets 1st Wed 7pm, other Weds. 7am, MC Grill & Lounge in Mill Creek; Pres: Lois Coghlan, 425-821-8000.

### 2005-2006 Div. 21 Lt. Governor

Char Peiffer -- phone: (360) 387-2643  
email: [tomcharpeiffer@mindspring.com](mailto:tomcharpeiffer@mindspring.com)



**Have you invited someone to Kiwanis, lately?**

## Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Tom Peiffer**

Interclubs: **Jack Peary**

Scholarships: Dan Follette,  
Mick Hanson

Membership: John Hanstad,  
Char Peiffer

Young Children: Kate Wigner,  
Bob Mitchell

Sponsored Youth: **Stuart  
Harpel**

Key Club Advisors: Linda  
Boland, Carolyn Tobiason

K-Kids Advisors: Heather  
Saimons, Carolyn McNeill

Risk Management: **Jack  
Stedman**

Public Relations: Carolyn  
Tobiason, Jack Stedman, Erika  
Sigmon (newsletter)

Community Service: **Glenda  
Mitchell**, David Sigmon, Peggy  
Burr, Lynn Wilkerson

Every Day Hero Nominations:  
Char Peiffer, Tom Peiffer, Jack  
Stedman, Carolyn Tobiason,  
Howard Quigley

Fund Raising: **Kevin Burham**

Camano Climb: **Tim Kramer**

Spiritual Values: **Ron Frey**

Sunshine: **Laura Peterson**

**If you don't see your name -  
decide which committee  
you would like to help with  
and let President Pamela  
know, ASAP! We need  
everyone to help keep our  
club running smoothly.**

## Sponsored Youth News



The K-kids are coming up on the end of the school year. They will be doing something special to recognize the teachers.

They also hope to host an assembly to thank the school for all their support this year.



The Key Club is in search of a faculty advisor for next year - if you know a Stanwood high school teacher that might be interested, contact Linda. The Key Club meets at the High School twice a month in the early morning on the 2nd and 4th Thursdays to confirm their plans.



## GREETINGS FROM THE MEMBERSHIP COMMITTEE

In April we installed two new members, Jeri Richards and Nancy High. Both are going to be great assets to our club! They both are committed to our community and our children.

If asked "What can Kiwanis do for me?" here are some answers:

- We improve our community and the world
- We build enduring friendships through our service to others
- We better the lives of children
- We participate in fun and fellowship
- We sharpen leadership skills by overcoming challenges
- We develop business contacts through networking opportunities
- We gain insight into local and international issues
- We attain a greater appreciation of our own talent and successes

What have you got to loose? ALL YOU HAVE TO DO IS ASK!!!

~Char, membership chair

## Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Pamela know. This is your club, your help is needed to keep things running. We can do great things when we all work together!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact someone from that committee. Whenever a 5th meeting occurs during the month (next one is in June), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought.

**Membership:** Do you know someone who would make a good member of our club? Invite them!

The **Scholarship** committee is finishing up their task of choosing deserving students to receive scholarships.

The **Community Service** committee is preparing for the Relay for Life in June.

The **Fund Raising** committee is gearing up for the Camano Climb on Sunday, May 7 - everyone will have a task to do that day, so be prepared!

*Continued on page 4 . . .*

## Birthdays & Anniversaries

### May

11 Bob Jacobs

15 Glenda Mitchell

15 Ann: Tim & Deanna Kramer

16 Dennis Lindsay

17 Ann: Walt & Heather Thomas

22 Kate Wigner

28 Lynn Wilkerson



# Board Meeting Highlights

(for official copy of minutes, ask Secretary Char)

April 2006

Attendance: Pamela, Bob M, Glenda, Jack P, Kate, Linda, Ron, Carolyn, Char, Darby, Howard

Call to Order: Pres Pamela at 8am

Invocation: Pres Pamela

Minutes of March Board Meeting: approved as read

Treasurer's Report: (Darby) gave updated profit/loss for admin and project accounts through April. Discussed and approved. Darby will be our registered agent for our corporation for State of Washington.

Camano Climb: (Howard) handed out sign-up sheets. Betty Peary will help in kitchen.

Everyday Hero: a few suggestions were taken into consideration for March nominee, April's nominee will come in May.

Nominations: (Ron) need 3 new board members, taken care of; also need nomination for secretary, vice president and president-elect.

Light up Stanwood: (Howard) MSP to give \$200 to Lions for lighting and also to volunteer to help put up lights.

Roster deletions: Those who have not paid 2005-06 dues will be deleted – put on hold until a few members have had a chance to talk to some of these individuals.

New Business: (Pamela) Operation Clean Sweep (clean up Stanwood) on April 29 – those

interested, please wear Kiwanis jacket. Request for money from Design Stanwood/Parks & Rec Dept was turned down at this time.

Boy Scouts: (Char) request from Boy Scouts for year sponsorship. MSP to give \$300.

Key Club: (Linda) not much interest – looking into getting a staff member to be faculty advisor for a stipend.

Interclubs: (Jack P) went to Burlington-Edison this month, scheduled to go to Everett-Evergreen on 28<sup>th</sup>.

Club Meetings: (Char) all set for May and June.

Membership: (Char) installed Jeri Richards on the 13<sup>th</sup>, will install Nancy High on the 27<sup>th</sup>.

Scholarships: (Kate) 172 hours reading scholarships and 21 hours for meetings. Scholarships to be handed out on May 23<sup>rd</sup>. Kate doing certificates.

Community Service: (Glenda) \$15 in products to CASA. 30 service hours for Relay by 8 members at garage sale – made \$431.60.

Other Business: (Bob M) will invite pastors to May 4 meeting during Prayer Week. (Jack P) Fireworks Sales – Bob & Glenda will keep their motor home parked at booth. Jack is getting sign up sheet ready.

Adjourn: 8:10am by Pres Pamela Secretary, Char

## Comings and Goings

(continued from page 1)

the schedule with everyone, so sign up with him. See more information on page 5.

Reminder from the **Fundraiser committee**: it's time to get or renew your food handler's permit for the fair season, if you haven't already!

We have two more new members - see membership committee report on page 2.

Be on the look-out for Every Day Heros in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to.

The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee.

See news about all **committees** on page 3.

Highlights of the March **Board Meeting** are on page 4.

## Committee Reports

(continued from page 3)

Also, we'll be manning a fireworks stand in Marysville - see page 5 for details on this new project.

**Young Children Priority One** committee is looking to help the Stanwood Coop Preschool with their new facility - providing help installing and possibly purchasing playground equipment - what a fun summer project!

The **Interclub** committee will be shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance!



### A Young Children Priority One spotlight:

Every year in the US over 470,000 babies arrive too soon and in over half the cases, the cause is unknown. The March of Dimes is working to combat this silent crisis. The Sigmon family is participating in WalkAmerica on May 6 - contact Erika if you want to give a donation!

*Those who bring sunshine to others, cannot keep it from themselves.*  
~ James Barrie

## Another Great Recipe from Char's Kitchen ...

### Springtime Lime Salad

- 1 pkg lime gelatin
- ¾ cup boiling water
- 1 Tbsp Lemon juice
- 1 cup cottage cheese
- 1 cup evaporated milk
- ½ cup walnuts
- 9oz crushed pineapple (undrained)
- ½ cup finely chopped celery
- ½ cup mayonnaise

Dissolve gelatin in boiling water. Chill until as thick as unbeaten egg whites. Fold in remaining ingredients and mix well. Pour into 8 inch pan or mold. (Mold or pan should hold 5 cups.) Chill until firm. Cut into squares and serve on lettuce. Serves 8.

### ***Some helpful hints for the kitchen:***

- When cooking vegetables that grow above ground, the rule of thumb is to boil or steam them without a cover.
- A lump of sugar added to water when cooking greens helps vegetables retain their fresh color.
- Never soak vegetables after slicing; they will lose much of their nutritional value.
- To cut down on odors when cooking cabbage, cauliflower, etc, add a little vinegar to the cooking water.
- Perk up soggy lettuce by soaking it in a mixture of lemon juice and cold water.

Enjoy! ~ Char

## GREETINGS FROM THE FUND RAISING COMMITTEE

We have a new fund-raiser! The Marysville Kiwanis Club has five Fireworks booths in the greater Marysville area and have asked us to man one of them. They will set up the booth, stock it and we will have to man it with 2 people from June 28<sup>th</sup> to July 4<sup>th</sup>. The fireworks will be marked and we will have a debit card machine. All transactions are cash or card....no checks. We get 10% of the take and realistically that will be around \$2,000 to \$3,000. We need to have an RV on site in the evenings for security reasons. Our booth will be in front of the big Safeway store on the Main Street of Marysville.

The booth will be set up and stocked on Tuesday, June 27<sup>th</sup>. This will be the afternoon for us to be trained, go over the booth security, etc. The booth has to be manned with 2 people from 9 AM to 9 PM on June 28 through July 3 and on July 4<sup>th</sup> we can start closing down and packing up in the early afternoon. We will take all the remaining fireworks to Monroe either on July 4 or July 5.

Jack Peary will be the Scheduling chair for this event. Everyone will need to participate in at least one shift preferably more – check your calendar and sign up early!  
~ Kevin, fundraising chair

## From Lt. Governor Char

I am now six months into my term as Lt. Governor and thanks to all of you I have enjoyed every step of the way! Our clubs are growing! I am so very proud of all the hard works all of you put in. This last month I made a presentation to the Marysville Pinky Club on our Governors project. What a wonderful group of ladies! They will be giving us more quilts for Governor Steve's project.

On May 3<sup>rd</sup> I will be installing 5 new members for the Silver Lake club. Way to go Silver Lake! On the 29<sup>th</sup> of May I will be helping Everett-Evergreen and Silver Lake with their fundraisers at Cruisin' Colby in Everett. Sounds like a lot of fun; it would be great to see members of other clubs attend.

June 17<sup>th</sup> is our Club Leadership Training in Tsawwassen, BC. I am sending out registration forms this week. This is mandatory for all incoming Presidents and Secretaries whether you are keeping the same office or not. As we all know, things change!

I am very excited about our Division 21 picnic on June 24<sup>th</sup>. Our special guest will be PNW Governor Steve Emhoff and the theme is "Going Hog Wild in Division 21". I will send invitations and directions soon. Clubs will need to RSVP by June 8<sup>th</sup>. We will be ringing the bell, so there will be interclubs in addition to the fun, prizes, fellowship and great food! Thank you again for all you do – I AM PROUD OF DIVISION 21!

**Save empty toilet paper rolls and paper towel rolls for a project that Glenda is doing for Relay for Life! Bring them to a meeting or deliver them to her directly whenever you get the chance. She needs lots of them!**



**Sponsor a team member!  
Support our Relay team!**