

# EDMONDS SENIORS KIWANIS - "TIDAL TALES"

'Changing the world one child and one community at a time"

November, 2008

#### **A Note From The President:**



"Standing Tall, Standing Together"

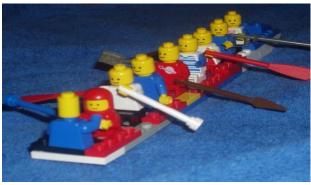
It seems like "change" is the word we are all getting our fill of these days. Even the trees are changing. Well, this month we have our own "change"; the changing of the guard with a new club officers and board members. Hopefully, we can live up to your expectations and make this change a "fun process" in the coming year.

Harold has done a great job of leading our club and implementing the change process in several areas. First, he helped move the club into another era with a new and more inclusive name, "The Kiwanis Club of Edmonds". Next, he planted the seed, and has been working with Clayne, to get a 501(c)-3 foundation set up for our club. This will allow friends of the Kiwanis to make tax deductible donations to help us in our mission, helping the children of the world.

Harold also inspired several of us to invite potential members...some joined. New faces, a really good change for our club. This is an area of continued focus...<u>We Need New Members.</u>

Building our club with new members will always be a priority...but we must also build our club by creating new and exciting projects to fund our endeavors and to broaden our impact in the community. New people, new ideas, new energy. Oh yes, as Harold always says, "we want a fun club", too.

As you know, presidents' can make all kinds of promises...but the fact remains that <u>progress can only be made if the all the members are pulling in the same direction.</u>



"Your board at work, pulling together"

I look forward to a challenging and "fun" year with a great group of people...with one goal;

## "Helping more Children"

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PS: Thanks Wally Walsh, our past Lt. Governor. Your support, time and efforts were inspirational and greatly appreciated. You were fun too ⊕

## Weekly Kiwanis Meeting:

South County Senior Center 220 Railroad Ave. Edmonds Tuesday at 10 a.m.

#### **PROGRAMS:**

#### **Captain: Elwin Wright (425-776-2892)**

4<sup>th</sup>: **Dr. Roddy** "Current Awareness"

11<sup>th</sup>: The Pancake House for "Veterans Day"

18<sup>th</sup>: **Sarvey Wildlife Rescue** "Kestrels + PP education"

25<sup>th</sup>: **Halle Olson** (SCSC) "Support and Opportunities"

#### **Inter-Clubs:**

# Contact: John Rutter 425-778-6502 To be announced at the meetings....

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## **Key Club:**

#### Contact: Elwin Wright 425-776-2892

## **Other Meetings:**

**<u>Board Meeting:</u>** November 18<sup>th</sup>, 8:30 a.m. at the SCSC Library.

<u>Division Council:</u> November 13<sup>th</sup>, 7 P.M. at Edmonds (SCSC)

#### **GREETERS:**

4<sup>th</sup>: Seamus Dooley

11<sup>th</sup>: George Frankovich

18<sup>th</sup>: Elaine Hinze

25<sup>th</sup>: Richard Kosola

Greeters need to show up early...and "Greet"

\_\_\_\_\_

# Next Month's Programs: Captain: Harold Houston (425)-771-8201

Homer Cardle, Dick Lunstrum Paul Jacobson, Clayne Leitner

## Birthdays /Anniversaries:

st: John Rutter

14<sup>th</sup>: Richard Kosola

17<sup>th</sup>: Joyce and Matty Martin

25<sup>th</sup>: Mike Medalia 26<sup>th</sup>: Elwin Wright 27<sup>th</sup>: Ray Roe

#### **Food Bank Drive for November:**

The <u>Food Bank Drive Team</u> of Seamus(chair), Ted, and Dexter have set the calendar for our November effort to help replenish the Edmonds Food Bank:

November 7, 8, 9 at PCC Market.

November 14, 15, 16 at TOP Foods.

For more details, contact Seamus, Ted, or Dexter...and PLEASE be sure to sign up for at least one shift for each of the drives in November.

We all need to pitch in on this important effort!!!



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## **Helping Us to Help Others**

## <u> Arista Wine Cellars</u>

320 5<sup>th</sup> Ave South, Edmonds 772-7008 "Great Finds with Vintage Service" Wine Tasting every Sat. 1 - 4:30

## The Bank of Washington

202 5<sup>th</sup> Ave South, Edmonds 776-2265 "Puality Local Banking"

## LAS BRISAS

Capturing the Heart of Mexican & American Style & Flavor

"Take Your Taste Buds on an Unforgettable Journey" 120 West Dayton, Edmonds 672-5050

## <u>Dayton Dental</u>

Dr. Brian Cave 555 Dayton St., Edmonds 672-7272

## Edmonds Frame Design

## & Atelier

514 C Fifth Ave South, Edmonds 771-6520 "All your framing needs will be attended to with care and professionalism." \_\_\_\_\_

## Edward Jones Investment

Alan E. Lawrence, Financial Advisor 107 5<sup>th</sup> Ave North, Edmonds 670-1988 "Making Sense of Investing"

# Shepherd & Shepherd

112 3<sup>rd</sup> Ave South, Edmonds 776-1155

KIWANIS is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Young Children: "Priority One" Projects

**Little Red School House Activity Supplies, Meadowdale Pre-School Healthy Mothers, Healthy Babies Community Services Projects** The Smile Train

**Youth Services Projects** 

Key Club, Meadowdale High School Children's Hospital **Elementary School Mentoring Clothes for Kids Bicycle Safety Helmets Student Dictionary Project Community Service Projects** 

**Edmonds Food Bank** 

**South County Senior Center** \_\_\_\_\_

**City Of Edmonds Website** http://www.ci.edmonds.wa.us/

## Patronize our Loyal Advertisers

## <u> Arnies Restaurant</u>

300 Admiral Way, Edmonds 771-5688 "Pacific Northwest Favorites"

> **Early Bird Specials** 4-6 p.m. Saturday-Friday

## Beck's Funeral Home

405 5<sup>th</sup> Ave South, Edmonds 771-1234

"Restlawn Memorial Park" \_\_\_\_\_

## **DOWNTOWN EDMONDS CHIROPRACTIC**

**Dr. Brent Symes** Edmonds, 115 4th Ave S. Suite D 712-9277

## Edmonds Book Shop

111 5<sup>th</sup> Ave South 775-2789

## Reliable Floor Covering

542 Main St., Edmonds 778-1121

## The UPS Store

23632 Highway 99, Edmonds 775-2211 **Store #1476** 

## **WALNUT STREET COFFEE**

410 Walnut St., Edmonds 774-5962

"Your neighborhood coffee shop"

#### **Edmonds Kiwanis Officers:**

President: Paul Jacobson (425)-771-8949 Pres. Elect: Mary Lou Kantor (425)-712-8085 V.Pres.: Homer Cardle (425-776-9772 Secretary: Shirley Elliot (425)-778-0756 Treasurer: Billy Joe Roberts (425)-778-1843 Past Pres.: Harold Huston (425)-771-8201
Edmonds Kiwanis Roard:

<u>Edmonds Kiwanis Board:</u>	
Sue Tomlinson	(425)-670-6746
Dexter Miller	(425)-744-2346
Elwin Wright	(425)-776-2892
John Rutter	(425)-778-6502
Clayne Leitner	(206)-542-6351
Dick Lunstrum	(425)-771-4680
Jim Buchanan	(425)-778-3033

#### **Kiwanis International**

**International President: Don Canady International Past President: Dave Curry** 

## **Pacific Northwest District**

Governor: Wendy Falkowski

#### **PNW Division 22**

Lt. Governor: Larry Merwin Past Lt. Governor: Wally Walsh \_\_\_\_\_

**Snohomish County Kiwanis Events....** 

www.snohomishkiwanis.org/



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Sylvester Neal was elected to the office of Vice President of Kiwanis International for 2008-09. Sylvester will become the Kiwanis International President in 2010-11 and the first from P.N.W. District in 54 years.

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## A Life of Service



Sylvester Neal, of Auburn, Washington, was elected Kiwanis International Vice President during the 93<sup>rd</sup> Annual International Convention in Orlando, Florida this June. He previously served a three year term as a Trustee to the Kiwanis International Board.

Syl belonged to the Kiwanis Club of the Auburn Valley since 2003. He is a former member of the Kiwanis Clubs of Anchorage and Fairbanks, Alaska, and was recognized as Kiwanian of the year four times. He served as Governor of the P.N.W. District in 2002-2003. He holds Life member status in Kiwanis International and is a Diamond Level Hixson Fellow of the Kiwanis International Foundation, and a Diamond Level Osborne Fellow in the Kiwanis Foundation of Canada.

Before joining the International Board, Syl served on the International Committees for Youth Services, Children's Miracle Network Telethon, Membership Diversity, and New Club Building and Membership Growth- North America..

Syl is a retired Alaska State Fire Marshall. In addition to his involvement in Kiwanis, he has chaired the Alaska State Fire Commission on Fire Prevention and Control, and served on the board of Alaskans for Drug Fee Youth and a community college board. He has also held volunteer positions in the United Way, Olympics, and Special State Fallen Firefighters Memorial. He is an ordained deacon in his church and received the Citizen Volunteer Award for the Anchorage School District.

Syl and his wife, Doris, are parents of five children, seven grandchildren and one great grandchild.

## Division 22 Kiwanis Calendar for 2008 – 09

(Dates, times and locations are subject to change)

November 7 - 9 Fall K Conference (Tri K) Portland, Or November 13 Division Council Meeting – Hosted by Edmonds Kiwanis at Edmonds Senior Center 7 PM January 8 Division Council Meeting – Hosted by Lynnwood Kiwanis at Lynnwood Fire Station 44<sup>th</sup> and 188<sup>th</sup> 7 PM March 6 – 8 Mid Winter Board Meeting – Bellingham, WA (Lt. Governors)

March 12 Division Council Meeting hosted by Monroe Kiwanis at Valley General Hospital 7 PM

March 21 Zone Conference, Kwantlen College in Surrey, BC March 27 – 29 Key Club District Convention – Sea Tac Doubletree

April 4 Kiwanis One Day (Annual special day of service) May 14 Division Council Meeting – Hosted by Snohomish Kiwanis – location TBD 7 PM

June 20 Club Leadership Education (CLE) – for incoming presidents and secretaries – (required), Mount Vernon, WA location and time TBD

June 25 – 28 Kiwanis International Convention, Nashville, Tennessee

July 9 Division Council Meeting – Hosted by Snohomish Tillicum Kiwanis – location TBD 7 PM

August 13 – 16 Pacific Northwest District Convention, Medford, Oregon

September 10 Division Council Meeting – Hosted by Lynnwood Kiwanis (year end BBQ) – location TBD

### **KEY CLUB NEWS:**



#### **Meadowdale Kev Club:**

This year the club is meeting "every other" Wednesday morning at 7:15 in room 104. <u>Elizabeth Cano</u> again is serving as faculty advisor. At their second meeting of the year, on September 24<sup>th</sup>, about 35 members were present.

President Amanda Goffard presented a fast paced agenda. Club officers this year are: VP, Sara Porteson, Secretary, Tina Hon, Treasurer, Teresa Lam, HR, Tiffany Guang. Members are again helping with Lynndale Elementary recess activity. They are also plugged into "Trick of Treat" for UNICEF in October. Some are also volunteering to participate in Teen Court....more news to follow as we track Edmonds-Woodway.

(Elwin Wright)

## **STUDY TEAMS:**

<u>Meeting Times</u>: (Is there a better time to meet to get more members?) Sue Tomlinson(Chair), John Rutter, Elwin Wright

<u>Dues Review</u>: (Is there some \$ relief for joining Kiwanis?) Jim Buchanan(Chair), Shirley Elliot, Matty Martin

<u>Jackets</u>: (How shall we "update" club jackets with our new name?) Mary Lou Kantor(Chair), Clayne Leitner, Eleanor Taylor

Input or question? Contact Team Chair.

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## 20% of All Car Accidents Occur in Parking Lots

William Van Tassel, PhD American Automobile Association

One of every five auto accidents occurs in a parking lot, according to the Independent Insurance Agents and Brokers Association. That total does not include all the small nicks and dents that usually go unreported.

Parking lot crashes often occur at low speeds, but they still can lead to expensive repairs and higher insurance premiums. Worse, sometimes pedestrians and drivers are injured.

To minimize your parking lot risks...

#### **DRIVERS:**

**Park away from busy areas.** Most drivers crowd into the spaces closest to store entrances, leaving other sections of parking lots virtually empty. Your vehicle is much less likely to be bumped or dinged -- and you will have better visibility when you pull out -- if you take a spot in a little-used section.

Parking away from other vehicles is particularly important in post office, convenience store and dry cleaner parking lots. Vehicle turnover is very rapid in these lots, and all that activity increases the odds of an accident.

**Look where you are going.** Distracted driving is responsible for many parking lot accidents. We think we see an open spot in the next row or someone we know walking by. This momentary distraction is all it takes for someone to step or pull in front of us in a crowded parking lot. If your car is moving forward, your eyes must be looking forward. Use your peripheral vision to locate open parking spaces.

Completely clear fogged or snow-covered windows and windshields. There is a tendency to rush out of parking lots, but driving with partially blocked windows and/or windshields greatly increases the odds of having a collision.

**Put on your seat belt before pulling out,** not while driving. Drivers often think they are "safe" in parking lots, so they delay putting on seat belts. That's a mistake for two reasons -- you could get into an accident with no seat belt on before you leave the parking lot... and fumbling with a seat belt while you are driving makes it more likely that you will have an accident.

Also, complete any cell-phone calls, put on your sunglasses if you need them, adjust your CD player or radio and enter data into your navigation system before you pull out of your parking spot.

**Do not trust your mirrors.** Rearview mirrors do not provide a full picture of what's happening behind your car. Today's high-tech backup sensors and rear-mounted cameras do not spot all obstacles, either. To back out of a parking spot safely, rotate your body to the right, looking over your shoulder so that you face backward, leaving your left hand on the wheel.

Look for two empty parking spaces, one behind the other, and pull through to the one in front so that you do not have to back up when it is time to pull out. But make sure nobody is pulling into the front spot from the other end.

**Avoid danger zones.** Skip spots next to big vans or SUVs if you are in a smaller vehicle -- you will have a hard time seeing past these vehicles when it is time to pull out. Also, try to avoid spots next to cart-collection areas -- the odds of dings and dents are greatest here.

**Turn on your headlights, even in daylight.** Headlights warn pedestrians and other drivers that your vehicle will soon pull out.

**Don't feel hurried by other drivers.** Hurrying leads to accidents. The driver eager to have your space can wait a few more seconds as you take the time to pull out carefully.

## **PEDESTRIANS:**

**Look for signs of movement.** Before you step out into the parking lot, pause for a moment and check for signs that a car may be pulling out of a parking spot. Cars are so quiet that you may not even hear the engine starting. Look and listen for...

- A puff of exhaust.
- Reverse lights coming on.
- A car door being closed -- which could signal that a driver has entered the car and will soon back out.
- Movement in the driver's seat. *Examples:* The driver reaching for his seat belt or turning around to back out of a spot.

**Don't get distracted.** Stay alert at all times. Don't make cell-phone calls, use an iPod or rummage through your purse or wallet to find your coupons. Be aware of what's going on behind you by quickly checking over your shoulder from time to time as you walk through the lot.

**Watch out for big vehicles.** Parked SUVs and vans can block your view of cars backing out. As you pass by a big vehicle, pause a moment to check that a car isn't coming.

**Be extra cautious at night.** It's extremely difficult for drivers to see pedestrians at night, especially if they're wearing dark clothing. Assume that even though you can see the driver, the driver cannot see you.

**Bottom Line/Personal** interviewed William Van Tassel, PhD, manager of driver training operations at the American Automobile Association's national office in Heathrow, Florida. <a href="https://www.aaa.com">www.aaa.com</a>.



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#### **Monroe's Big Celebration**



The high point of the evening was John receiving an early birthday flower at Monroe Kiwanis' 80<sup>th</sup> Anniversary celebration. Sue was the winner of the table center piece. Oh yes, Harold formally "pinned" Paul as Club President for the coming year. It was a fun time, good food, great fellowship and a time of renewing our enthusiasm for the Kiwanis Mission. Edmond attendees were; Shirley, Sue, Buck, George, John, Paul and Carole, Clayne and Sharon, Billy Joe and Ruth, and Harold and Loretta. Thanks to Clayne and John for helping with the driving.

#### **Dictionary Project:**



**Professor Elwin and Students** 

What a time! This month our club was busily involved in our annual Dictionary Distribution . Wednesday 10/15 we served the third graders of Seaview Elementary . Gathering nearly 60 students bright and early (8:30 am!!) in their multi purpose room, an early rising corps of Kiwanians "spread the word". Introducing the books and interacting with the children was fun and rewarding. Getting this early morning start and launching this year's project were: Jim Buchanan, Paul Jacobson, Ted Morris, Buck Weaver, Dorothea Forrest, and Elwin Wright. Fridays seem to be a preferred day for "visitors" so we set out again on Oct. 17th this time targeting three schools, Woodway in the morning, and Edmonds and Chase Lake Elementary in the afternoon. Stepping up as dispensers of word power this time were: George Bardsley, Frank Suhara, Clayne Leitner. Homer Cardle, Jim Buchanan, Ted Morris, Paul Jacobson, and Elwin Wright. We may have completely overpowered Mrs. Scott's third grade!! At noon we visited Edmonds Elementary,. There were 3 Kiwanians this time, Shirley Elliot, Ted Morris and Elwin Wright: we served the two classes, one at a time. It was interesting to observe the differing climates of the two classes, as one class was also hosting a student teacher! The day and the week wound up Friday at Chase Lake Elem. where we gathered a large group of three classes in their library where the largest group participated. On hand as Kiwanian Word Handlers were: John Rutter, Paul Jacobson, Shirley Elliot, Ted Morris, and Elwin Wright . For Westgate, the team consisted of Ted, Shirley, Elwin and Dorothea...and finally, deep in Sherwood Forest, our merry band of word warriors completed the task of "spreading the words"; Dorothea, Elwin, Shirley, Homer and Ted. (Elwin Wright)

**SPECIAL KUDOS to TED** for helping out at <u>all six schools</u>. He misses his school kids!!! Thanks to Elwin for coordinating and presenting ALL those dictionaries to our school children.



Seaview Squad: Jim, Buck, Dorothea Ted and Elwin



Woodway Crew: Elwin, George, Frank, Homer, Clayne and Ted

# Edmond Educators: Participants: Shirley, Ted, and Elwin



Chase Lake Vets: Somewhat shell shocked!!!
Shirley, Elwin, John, Paul, and Ted.

#### Sherwood Merry Band: Dorothea, Shirley, Homer, Ted, and Elwin



The Westgate 4: Ted, Shirley Elwin and Dorothea



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# The Smile Train: One Charity. One Problem. One Goal.



Unlike many charities that do many different things, <u>The Smile Train</u> is focused on solving a single problem: cleft lip and palate.

Clefts are a major problem in developing countries where there are millions of children who are suffering with unrepaired clefts. Most cannot eat or speak properly. Aren't allowed to attend school or hold a job. And face very difficult lives filled with shame and isolation, pain and heartache.

The good news is every single child with a cleft can be helped with surgery that costs as little as \$250 and takes as little as 45 minutes.

Over the past eight years, we have provided free cleft surgery for over 300,000 children.

These children were suffering not because they were born with a cleft, but because they were born too poor to ever afford surgery.

Being born with a cleft in a developing country is truly a curse. In fact, every baby born in Uganda with a cleft is given the name Ajok which means literally, "cursed by God." And no one knows how many newborns with clefts are killed or abandoned right after birth.

And the ones who are lucky enough to find a Smile Train free cleft surgery program, not only survive, they thrive. After a 45 minute surgery hands them back their future, and a second chance at life that they never thought they'd get.

#### This is our mission:

- -To provide free cleft surgery for millions of poor children in developing countries.
- -To provide free cleft-related training for doctors and medical professionals.

Until there are no more children who need help and we have completely

eradicated the problem of clefts.

NOTE: Since March 2000 we have provided free cleft surgery for 351,028 children.

## **Financials:**

The Smile Train is one of the best-managed, cost-effective charities in the world. We're a new breed of non-profit that is run like a for-profit. We manage and leverage every dollar we raise to help the absolute maximum number of children possible.

We save millions of dollars a year by using innovative technology such as digital patient charts, virtual surgery software to train and the world's first and largest digital cleft library. And with a tiny staff of just 38 people, we manage thousands of partners and programs in 75 of the world's poorest countries.

When you make a donation to The Smile Train, you will get not just a good feeling, but you will also get an amazing return on your investment.

#### **JACKETS:**



"So, how about pink jackets?"

As a result of our club's name change, Mary Lou was asked to head up a team to recommend new and updated jackets for our club.

The team will make a presentation on their findings on costs, materials, colors, symbols, etc. at an upcoming board meeting...and then will present recommendations to the full club for consideration. Stay tuned....

**NOTE:** If you have any thoughts or ideas on our new jackets, let Mary Lou know NOW as we do want input **earlier** than later.

"Later not good⊗."

Let us stay focused as to why we meet and

Let us stay focused as to why we meet and work together: <u>Helping</u> Children is our reason for our being Kiwanians.

