



EDMONDS SENIORS KIWANIS - "TIDAL TALES"

"Changing the world one child and one community at a time"

October 2008

A Personal Note From The President:

This past year we have seen our club accomplish many things. We have added new members, changed the name of the club to the Kiwanis Club of Edmonds, WA, had fund raisers, and working to obtain our 501(C)-3 tax status which means our friends who help us with a large donation can show it on their taxes.

Thank you for giving me the opportunity to serve as your president this past year. It makes me feel honored and humble to have the support all of you have given to me. I've tried to have every member involved doing what you want to do and the committees you wish to help on.

One of my main goals was to have a happy club where every member supported and enjoyed each other. I believe we have accomplished this. We must also make every new member welcome and appreciated. We must continue to add new members. A club must grow to be successful, cant' stay "status quo".

Our club is the best club in Edmonds. We accomplish this status by working as team together. A chain in no stronger than its weakest link. This also applies to our club.

Please give our next president, officers and board members the support you have given to me. Thank you, thank you, thank you!!!!

President Harold

Installation of Officers and Board Members:

This year, the installation ceremonies, for our new officers and board members, will be held in conjunction with the 80th anniversary celebration of the Monroe Kiwanis Club. The event will be held on Friday, October 17th at the French Creek Manor.



The new officers and board members for 2008-9 are:

- President: Paul Jacobson
- President Elect: Mary Lou Kantor
- Vice President: Homer Cardle
- Past President: Harold Houston
- Board Members: Dexter Miller
- Sue Tomlinson
- Elwin Wright

All members are encouraged to participate in this special event. It will be a time of fellowship, good food, and some authentic Hawaiian entertainment. See Paul for additional information re cost, transportation, and location of the event.

Weekly Kiwanis Meeting:

South County Senior Center
220 Railroad Ave. Edmonds
Tuesday at 10 a.m.

PROGRAMS:

Captain: Sue Tomlinson(425-670-6746)

7th: Barbara Wyatt: South Snohomish County Toy Shop Drive.

14th: Debi Weber: Regional Manager, Legacy Management Group LLC

21st: Ann Stannard: Staff Physical Therapist, Stevens Hospital.

28th: George Bardsley: Marine mapping of Puget Sound

Inter-Clubs:

Contact: John Rutter 425-778-6502

To be announced at the meetings....

Key Club:

Contact: Elwin Wright 425-776-2892

Other Meetings:

Kiwanis Installation of Club Officers:
Oct. 17, 6-9 P.M., Monroe -French Creek Manor.

Board Meeting: Oct. 21, 8:30 A.M. at the SCSC Library.

Greeters:

- 7th: Buck Weaver
- 14th: Elwin Wright
- 21st: George Bardsley
- 28th: Jim Buchanan

Next Month's Programs:

Captain: Elwin Wright (425-776-2892)

Jim Buchanan, Elaine Hinze
Richard Kosola, John Nutting
Evelyn Odell

Birthdays /Anniversaries:

- 27th: Louise Frankovich
- 28th: Ruth Roberts

Full Employment

We want every member in our club employed. That is to say, every member should be participating in one of our several standing committees.

With every one helping to carry the load, we will be able to achieve better results and provide all with the feeling of achievement and satisfaction that goes with giving of ones time and energy.

Need more information, contact Paul for areas needing help. **Don't wait to be asked...If you have an area of PASSION, go for it!!!**



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Helping Us to Help Others

Arista Wine Cellars

320 5th Ave South, Edmonds 772-7008
"Great Finds with Vintage Service"
Wine Tasting every Sat. 1 - 4:30

The Bank of Washington

202 5th Ave South, Edmonds 776-2265
"Quality Local Banking"

LAS BRISAS

Capturing the Heart of Mexican & American
Style & Flavor

*"Take Your Taste Buds
on an Unforgettable Journey"*

120 West Dayton, Edmonds 672-5050

DAYTON DENTAL

Dr. Brian Cave
555 Dayton St., Edmonds 672-7272

Edmonds Frame Design

& Atelier

514 C Fifth Ave South, Edmonds 771-6520
*"All your framing needs will be attended to
with care and professionalism."*

Edward Jones Investment

Alan E. Lawrence, Financial Advisor
107 5th Ave North, Edmonds 670-1988
"Making Sense of Investing"

Shepherd & Shepherd *Attorneys*

112 3rd Ave South, Edmonds 776-1155

**KIWANIS is a global organization of
volunteers dedicated to changing the world
one child and one community at a time.**

Young Children: "Priority One" Projects

- Little Red School House
- Activity Supplies, Meadowdale Pre-School
- WithinReach
- Community Services Projects
- Youth Services Projects
- Key Club, Meadowdale High School
- Children's Hospital
- Elementary School Mentoring
- Clothes for Kids
- Bicycle Safety Helmets
- Student Dictionary Project
- Community Service Projects
- Edmonds Food Bank
- South County Senior Center

City Of Edmonds Website
<http://www.ci.edmonds.wa.us/>

Patronize our Loyal Advertisers

Arnies Restaurant

300 Admiral Way, Edmonds 771-5688
"Pacific Northwest Favorites"
Early Bird Specials
4-6 p.m.
Saturday-Friday

Beck's Funeral Home

405 5th Ave South, Edmonds 771-1234
"Restlawn Memorial Park"

DOWNTOWN EDMONDS

CHIROPRACTIC

Dr. Brent Symes
Edmonds, 115 4th Ave S. Suite D 712-9277

Edmonds Book Shop

111 5th Ave South 775-2789

Reliable Floor Covering

542 Main St., Edmonds 778-1121

The UPS Store

23632 Highway 99, Edmonds 775-2211
Store #1476

WALNUT STREET COFFEE

410 Walnut St., Edmonds 774-5962
"Your neighborhood coffee shop"

Edmonds Kiwanis Officers:

President: Harold Huston (425)-771-8201
President Elect: Paul Jacobson (425)-771-8949
V.Pres.: Mary Lou Kantor (425)-712-8085
Secretary: Shirley Elliot (425)-778-0756
Treasurer: Billy Joe Roberts (425)-778-1843
Past Pres.: Ben Snowdon (206)-546-9208

Edmonds Kiwanis Board:

Dorothy Lund (425)-673-1144
Dexter Miller (425)-744-2346
Mike Medalia (425)-774-5467
John Rutter (425)-778-6502
Clayne Leitner (206)-542-6351
Dick Lunstrum (425)-771-4680
Jim Buchanan (425)-778-3033

Kiwanis International

International President: Dave Curry
 International Past President: Nelson Tucker
Pacific Northwest District
 Governor: Rich Jensen

PNW Division 22

Lt. Governor: Wally Walsh

Snohomish County Kiwanis Events....
www.snohomishkiwanis.org/



A Time to Remember

By Edward (Ted) Morris

Queen of Angels Hospital in Los Angeles is where my life began. My older brother Bob, tells me that the rest of the family wouldn't let him near me, because he had been an only child for nine years, and they thought he might be jealous. I guess in 1944 they were a little apprehensive with the war still raging. As things turned out my older brother has always been my best friend.

My earliest memories of childhood recall riding the electric red cars to downtown Los Angeles with my parents to go shopping. (To bad they tore out those "green" red cars back in the 1950s and 60s)



Pacific Electric "Red Car"

We also took day trips to Huntington Beach and Santa Monica. We lived in what is now called south central Los Angeles. To escape hot summer days we would some times go to the beach at El Segundo and once carried enough sand back to fill a sand box in the back yard. Later we moved to the San Fernando Valley not too far from a childhood hero named Roy Rogers. My father had to commute to downtown by driving through the Santa Monica Mountains which was about a two hour trip in those days before the freeways. The "Valley" was a beautiful place back then with groves of walnut, orange, grapefruit, and many other agricultural endeavors. It was country living at its best.

In 1950 we moved back to the city. I attended St. Anselm's Elementary School where the sisters of St. Joseph made sure you behaved yourself with a smile and a ruler. Several of the friends I met there are still in touch. We would do things then that children today can't. We rode our bikes from sun-up to sundown. We explored the industrial areas of L.A. where you could have lunch at the commercial bakeries and processing plants. Then we would ride to what is today Marina Del Ray and fish for crayfish in Ballona aka "Baloney" Creek.



Crayfish, Crawfish, Crawdad, Crodgers?

For several summers my aunt Betty drove all the way to Winneconne, Wisconsin where my cousins and I were able to experience what it was like to work on a dairy farm and live in a small town. There was only one movie theatre and a soda shop with a jute box playing "You ain't nothing but a hound dog". We went fishing with only a string and hook and would come back with 10 or 20 bluegill or sunfish.



It was also the place where I experienced what it was like to see a tornado and the damage one can cause. After graduating eighth grade from St. Anselm, I went to high school at Junipero Serra High School in Gardena, Ca. The brothers that ran the school were strict, but provided a good education with an emphasis on participating in athletics, and other extra curricular activities. I played football for three years and track for four. I loved throwing the discus and shot put and worked toward a scholarship to USC, but a football injury ended that dream. At the time we still lived in south central L.A. and I got to school by hitch hiking 15 miles, or car pooling. Finally in my Junior year I bought my first car which was a 1954 red Chevy convertible.



After graduating from Serra I attended El Camino Junior College and worked at Sears on Slauson Avenue and Vermont in L.A. One night as I was leaving the warehouse where I worked, I stepped out to a horrific sight. There were houses on fire all around the neighborhood and sirens were blaring from all directions. As I drove onto the Harbor Freeway I noticed there were very few cars then a police car pulled along side of me with four policemen with shotguns. They shouted to me to get down as low as I could and to get out of there fast. That was the beginning of the 1965 Watts Riots.



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I graduated with an A.A. degree from El Camino and transferred to California State University at Long Beach. At this time I worked at Sears and the Los Angeles County Lifeguards in Redondo Beach. I lived in El Porto which is part of Manhattan Beach with a long time friend. We had a great time in those days as we had just turned 21 and now could go to all the clubs and enjoy the night life. The lifeguards were a great group of guys, several of which had participated in the 1964 Olympics. It was a great job which gave me the chance to work outdoors and at the same time help people who were in trouble.



Lifeguard Long Board Competition

It also gave me the opportunity to meet people from Australia when we had lifeguard competitions with the Australian lifeguard service. During this time in 1966 I met my departed wife of 30 years, Irene.

After I married Irene, we moved to Hawthorne, a nearby town, and I quit college and went to work for Remex Electronics in El Segundo. Remex made numerical controls for machine tool operations and developed early day computer operations. After 3 years working and saving our money I returned to Cal State Long Beach to pursue a degree and teaching certificate. In 1971 I graduated with a Bachelor of Arts degree in history and a teaching certificate. At the time I had planned to teach in high school, but the lack of jobs available convinced me to go into elementary education. Luckily, I was one out of 980 applicants to be chosen for 21 jobs in the Palm Springs Unified School District. I was also fortunate to land a job in the best school in the district. It was a small school with many of the mover and shaker parents of the town. I taught the gifted and talented students for twelve years when I decided I needed a change.

The early 1980s were a time of high inflation and teaching was beginning to lose its appeal, so I decided to go into business for myself. I had practically no business experience, but if I started small I felt I could make a go of it. I researched many businesses and decided a doughnut shop would be fun and a good start. After convincing a land owner to build a building in the location I wanted, I guided the project through the city planning commission and all the other city hurdles. We finally opened Teddy's Donuts in 1985. It was a fun experience, but it was also the hardest I ever had to work. I would start baking at 7:00 PM and would finish the next day at 2:00 or 3:00 PM the next day.

I guess you could say I was too successful because the business grew so fast that I could barely keep up with it. It was also difficult to find good help to run the business. Since I had three buyers who were interested in purchasing the business, I decided to return to teaching.

I returned to teaching and decided I needed to also go back to school to obtain a masters degree. Living in Palm Springs was lovely, but educational opportunities were limited. Thankfully, National University of San Diego had just opened an off campus site in Palm Springs. The year 1992 was a very good year for me, because I was voted "Elementary Teacher of the Year" by my school and I graduated with a Master of Science degree from National University. Sadly however, 1993 was the year my wife was diagnosed with cancer and she passed away in 1996.

Lucky for me I started seeing a friend who became my wife in November 1999. My lovely Janet and I have traveled extensively in the western U.S. and she is the one who convinced me to come to the Seattle area on many vacations. We finally decided that Edmonds was the place for us after I retired in 1995. Edmonds has the small town atmosphere which appeals to me and is only minutes away from the city which Janet loves.



Not a blue gill.

I enjoy riding my bike, walking, fishing at the pier, and all the activities which Edmonds has to offer.

Thanks Ted for sharing your story...we look forward to getting to know you better and hear all about your latest adventures at the new PCC Market.



"Flying Salmon" by Dick Taylor

Have a photo you would like to share?
Email JPEG to the Tidal Tale Editor.



Dexter and Ruth celebrating 59 years of marriage

A Mom Story:

A mom was concerned about her kindergarten son walking to school.

He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe.

So she had an idea of how to handle it. She asked a neighbor if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her.

She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed.

The next school day, the neighbor and her little girl set out following behind Timmy as he walked to school with another neighbor girl he knew. She did this for the whole week. As the two walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week.

Finally she said to Timmy, 'Have you noticed that lady following us to school all week? Do you know her?'

Timmy nonchalantly replied, 'Yeah, I know who she is.' The little girl said, 'Well, who is she?' Shirley Goodnest,' Timmy replied, 'and her daughter Marcy.'

'Shirley Goodnest? Who the heck is she and why is she following us?'

'Well,' Timmy explained, 'every night my Mom makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, ' *Shirley Goodnest and Marcy shall follow me all the days of my life*', so I guess I'll just have to get used to it!'

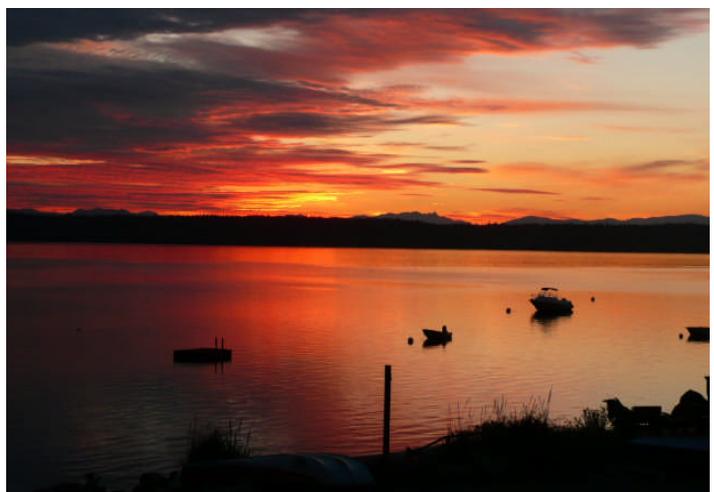
The Lord bless you and keep you; the Lord make His face to shine upon you, and be gracious unto you; the Lord lift His countenance upon you, and give you peace.

May Shirley Goodnest and Marcy be with you today and always.

Some Instructions for Life:

(Submitted by John Rutter)

1. Take into account that great love and great achievement take great risk.
2. When you lose, don't lose the lesson.
3. Follow the 3 R's
 - * Respect for self
 - * Respect for others
 - * Responsibility for all your actions
4. Remember that not getting what you want is sometimes a wonderful stroke of luck.
5. Learn the rules so you know how to break them properly.
6. Don't let a little dispute injure a great relationship.
7. When you realize that you have made a mistake, take immediate steps to correct it.
8. Spend some time alone every day.
9. Open your arms to change, but don't let go of your values.
10. Remember that silence is sometimes the best answer.
11. Live and honorable life. Then when you get older and think back you can enjoy it for a second time.
12. A loving atmosphere at your home is the foundation for your life.
13. In disagreements with loved ones, deal only with the current situation. Don't bring up the past.
14. Share your knowledge. It is a way to achieve immortality.
15. Be gentle with the earth.
16. Once a year, go someplace you have never seen before.
17. Remember that the best relationship is one in which your love for each other exceeds you need for each other.
18. Judge your success by what you have to give up in order to get it.
19. Approach love and cooking with reckless abandon.



Bell's Beach Sunrise



"WithinReach" previously known as **Healthy Mothers Healthy Babies**. This is another organization that we provide financial support.

WithinReach is a private nonprofit organization whose mission is to serve as the foremost catalyst for improvements in maternal, child and family health. For 18 years, we have been working to ensure optimal health for all families in Washington by connecting them to the programs, resources and information they need to build healthy families. Our long-standing public-private partnerships with the Washington State Department of Health, the Department of Social and Health Services, the WIC program and others make it possible for us to reach thousands of families each year. We are committed to serving all Washington families and removing barriers of language, socio-economics, and access.

History:

WithinReach was formed in 1988 under the original name, **Healthy Mothers, Healthy Babies**. In 1990, with a contract from the Washington State Department of Health, we began operating and managing a maternal-child health hotline, serving an estimated 500 low-income women throughout Washington State.

Over the years, our statewide information and referral call center has grown to include four toll-free numbers, serving over 50,000 Washington families per year.

In 1991, we created our first edition of a comprehensive pregnancy and baby book, *Healthy Mothers, Healthy Babies*, which is currently available in 6 languages.

In 1994, WithinReach developed a statewide coalition, the [Immunization Action Coalition of Washington \(IACW\)](#) with the goal of increasing public awareness about the importance of immunizations and achieving full immunization of all Washington families. In 2002, a focus on [Hepatitis B](#) was added to the IACW's outreach efforts.

A second statewide coalition was formed in 1996. The [Breastfeeding Coalition of Washington \(BCW\)](#) unites local coalitions throughout Washington, which share the goal of improving breastfeeding rates.

In 2006, we became **WithinReach**, a name that better reflects the diversity of our clients and our work.

Between 2004 and 2007, we developed an innovative website, [ParentHelp123.org](#), with funding from the Paul G. Allen Family Foundation and The Bill and Melinda Gates Foundation among others.

Today, WithinReach helps over 100,000 Washington families per year.

The six permanent *Objects of Kiwanis International* were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado. Through the succeeding decades, they have remained unchanged.

- To give primacy to the human and spiritual rather than to the material values of life.
 - To encourage the daily living of the Golden Rule in all human relationships.
 - To promote the adoption and the application of higher social, business, and professional standards.
 - To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
 - To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
 - To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.
-

New Jackets

With the impending name change comes a variety of "opportunities", one being...new club jackets. Mary Lou is heading up a team to look into the options available; a new logo, new styles, new color(s), etc. Once they have narrowed the field to the most desirable, the team will present their recommendations to the board and then the membership.

NOTE: Pricing and other approaches to obtaining a new jacket will be part of the team's review process. Stay tuned for more news on this exciting change.

Helping those Helping Children is an important part of our reason for our being Kiwanis
And doing the work of Kiwanis.

