

Stan-Cam Happenings

Stanwood-Camano Kiwanis Club
Pacific Northwest District
Division 21



Vol. 07/08 Num. 6
March 2008

Our Defining Statement: Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Stanwood-Camano Kiwanis

Meets every Thurs, 7am at the Stanwood-Camano School Dist. Office, 26920 Pioneer Hwy. Board meets last Tues, 7:30am at Camano Inn restaurant.
Mailing Address: PO Box 583, Stanwood, WA 98292

Club Officers

President: Tom Peiffer
phone: (360) 387-2643
email: tomcharpeiffer@mindspring.com

Secretary: Linda Boland
phone: (360) 387-3366
email: lbmft@wavecable.com

Treasurer: Darby Cook
phone: (360) 939-2225
email: darbycook@hotmail.com

Pres. Elect: Erika Sigmon
phone: (360) 629-3363
email: erikas.fssi@verizon.net

Vice Pres.: Linda Littlefield
phone: (360) 629-6374
email: linda_littlefield@msn.com

Board Members:

2008: Bob Mitchell, Carolyn Tobiason, Kevin Burham

2009: Palmer Sather, Pamela Barton, Ron Frey

2010: Howard Quigley, Basil Badley

Committees: See page 3.

PNW Division 21 (see p. 2)

2007-08 Lt. Gov.: Char Peiffer

Pacific Northwest District

2007-08 Gov.: Rich Jensen

website: www.pnwkiwanis.org

Editor: Erika Sigmon

(425) 231-2924; (360) 629-9973

erikas.fssi@verizon.net

Information for publication should be phoned or emailed to Erika by 5pm of the last Tuesday of each month.

Photos may be submitted.

Comings and Goings

We have two walk teams forming this Spring - the March of Dimes March for Babies is April 26 in Everett (see page 6) and the Stanwood-area Relay for Life for the American Cancer Society is May 30-31 (see page 2). Sign up to fundraise and walk or plan to support our teams' fundraising efforts!

Your efforts in February added up to over 100 hours of service by our club! Keep up the great work!

We have an interclub of 4 attending the Zone Conference on March 15 in Mount Vernon. It's not too late to sign up! Contact Linda B, if you are

Continued on page 4 . . .

Club Meetings

Contact Char Peiffer or a person listed below with any program ideas.

March Programs

- 6 Walt Thomas
- 13 Betty Peary
- 20 Jack Stedman
- 27 Dave Bales; Detective Barb Taylor, Child Interview Specialist, Ashley Wilke and "Stilson" the service dog - presentation about Dawson's Place Child Advocacy Center and their Service Dog program for children.



April Programs

- 3 Jack Peary
- 10 Tom Peiffer
- 17 Palmer Sather
- 24 Howard Quigley



[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

Calendar of Events

March

- 9 Daylight Savings- "Spring forward"
- 15 Zone Conference, Cotton Tree Convention Center, Mount Vernon.
- 17 St. Patrick's Day
- 20 Division Mtg.
- 23 Easter
- 25 Club Board Mtg, 7:30am

April

- 2-4 Rest Area Coffee Stop - I-5 North side near Smokey Point.
- 5 Kiwanis One Day
- 26 MOD March for Babies; 8:30-11am, Legion Park, Everett.
- 29 Club Board Mtg, 7:30am

Future Dates

- May 2-4 Key Leader Event, Camp Brotherhood, Mount Vernon.
- May 3 Camano Climb.
- May 17 Safety Fair/Children's Arts Fair at Stanwood Middle School
- May 30-31 Relay for Life, Stanwood
- Jun 7 CLE (Club Leader training), Mount Vernon.
- Jun 13-16 Rest Area Coffee Stop - I-5 (South?side) near Smokey Pt.
- Jun 26-29 Kiwanis International Convention, Orlando, FL
- Aug 14-16 PNW Dist Convention, Tri-Cities, WA

From the President . . .

Here we are in the 2nd quarter of our fiscal year! Our goal as a club is 3 new members per quarter . . . we did it for the 1st quarter, but we only have one month left to find 3 new members for this quarter. This is not the responsibility of a few, it belongs to everyone!

As Kiwanians we are proud of all we do. The more members we have, the easier it is to continue our service and fundraising efforts and even come up with some wonderful new ideas. I, as president, urge each of you to PLEASE ASK - ask a neighbor, ask a friend, ask a co-worker - invite them to a meeting and then ask if they like what they see and want to join!

The principle core of the Kiwanis mission is the belief that the most effective way to enhance a community is to enhance its children. When you give a child a chance to learn, experience, dream, and succeed, great things will happen!

Thank you all for giving and caring! *Prez Tom*

Community Service in Action

We are thinking of ideas for our Kiwanis One Day project in April. If you have ideas, please let the Community Service committee know.

We'll be doing a Safety Fair in conjunction with the Children's Arts Fair on May 17. Be prepared to help, along with the Cub Scouts, to do a bike rodeo and man some safety information booths. This will be a fun event!

We continue to drive seniors to appointments. Thank you for signing up. If you haven't signed up yet and have some free time during the week and a willingness to drive a senior to and from a doctor or other appointment, please call Lynn at the Stanwood Senior Center or call Glenda.

Signing up will put you on a calling list and you give the final say if you are available to drive when the Senior Center contacts you. There is no obligation to drive every day and time that you are signed up for. The seniors really appreciate this service, please add your name to the list.

Stanwood Relay for Life

Sign-ups for our Relay for Life Team have begun. This year Stanwood's event is Friday, May 30 - Saturday, May 31. To sign-up online for our team go to:

www.relayforlife.org/relay; click on 'Event Info'; click on 'Find Relay Events'; click on 'Search by City and State' and enter Stanwood, WA; click on 'Sign Up' and 'Join a Team': our team name is S/C Kiwanis - just fill in the blanks and you are a member of our team!

We want to have our team in place by April 1, so sign up now! Kevin B is the captain - he's got all the fundraising stuff you'll need, including luminaria bags and forms. If you can't be on the team, plan to support the team by sponsoring one or all of them!

If you know a cancer survivor (i.e. anyone living with cancer active or in remission), please invite them to come for the survival lap (the first lap around the stadium on Friday). They get special recognition and a special t-shirt to commemorate the event.



Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - www.kiwanis.org - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

**Let the Secretary know if you attend any of these meetings or events.

Other Division 21 Clubs:

Arlington -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Past Pres: Gilman McKinnie, 360-435-5153.

Darrington -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Nels Rasmusson, 360-436-2906

Everett-Evergreen -- Meets Fri. 7am,

Evergreen Bowling Alley; Pres: Gloria Smith, 425-742-2152.

Everett Golden K -- Meets Thurs.

10am, Everett Senior Center; Pres: Larry Alsbury, 360-653-7239.

Lake Stevens -- Meets 1st Wed 7pm,

other Weds. 6:30am, Buzz Inn; Pres: Marcus Targent, 425-315-3882.

Marysville -- Meets Tues. 7am, Village

Restaurant; Pres: Dave Voigt, 360-653-5110.

Mukilteo -- Meets Tues. 7:30am,

Harbour Pointe Golf Club; Pres: Judith Murdock, 425-493-6763.

Silver Lake, Everett -- Meets 1st Wed

7pm, other Weds. 7am, Patty's Eggnest Chuckwagon Inn; Pres: Howard Holl, 425-357-3568.

2007-2008 Div. 21 Lt. Governor

Char Peiffer -- (360) 387-2643
tomcharpeiffer@mindspring.com



Have you invited someone to Kiwanis, lately?

Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Char Peiffer**

Interclubs: **Bob Mitchell**

Scholarships: Dan Follette,
Mick Hanson, Kate Wigner

Membership: **Char Peiffer**,
Lloy Schaaf

Young Children: Kate Wigner,
Char Peiffer, Erika Sigmon

Sponsored Youth: Linda
Boland, Kate Wigner

Key Club Advisor:

K-Kids Advisor: Kathleen Nelles

Risk Management: **Jack
Stedman**

Public Relations: Pamela
Barton, Lynn Wilkerson, Erika
Sigmon (newsletter)

Community Service: Glenda
Mitchell, Linda Anderson, Lynn
Wilkerson

Every Day Hero Nominations:
everyone!

Fund Raising: Tom Peiffer, Jack
Perry, Howard Quigley, Kevin
Burham

Camano Climb: Mark Everett

Spiritual Values: Ron Frey,
Pamela Barton

Sunshine: Laura Peterson, Bob
Jacobs

**If you don't see your name -
pick one to be on! We need
everyone to help keep our
club running smoothly.**



Birthdays & Anniversaries

March

- 1 Jack Stedman
- 2 Howard Quigley
- 11 Ray Skrinde
- 30 David Rienche

Sponsored Youth News



The K-Kids at Elger Bay Elementary helped count and load the food brought in by their classmates during the school's food drive.



May 16th has been chosen for our Locks Of Love Assembly. The kids will be promoting this event and getting hairdressers and volunteers to cut hair during this assembly. It should be great fun:)

If you are interested in helping with the K-Kids this school year, contact Linda B.

We are looking for a location other than the High School to start a Key Club - please pass along any ideas! Key Club is for High School level students. It mirrors a Kiwanis Club - doing service projects for the school and community. Key Clubs elect their own officers and run their own meetings, with at least two adult advisors keeping them on track to success. We are in need of two advisors for this group. The meeting day and time have not been determined, but will most likely be an after-school activity. Tell Glenda or Tom if you are interested in being an advisor.

Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Tom know. This is your club, your help is needed to keep things running. We can do great things when we all work together!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact Char. If you are unable to make the date assigned to you, please let Char know in advance so we can make arrangements for someone else to have the guest speaker. We all enjoy having guest speakers and not having one upsets our program for the day!!

Whenever a 5th meeting occurs during the month (next one is in May), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought.

Membership: Do you know someone who would make a good member of our club? Invite them! See report on page 2.

The **Community Service** committee is looking for ideas for Kiwanis One Day service project in April - see page 2 for more details. Also, we are still signing up volunteer drivers to take seniors to local appointments as needed - see page 2 for more information about this as well.

The **Fund Raising** committee is entertaining new ideas for fund-raisers for the coming year. If you have an idea, talk to someone in this committee. They are preparing for the Camano Climb as well - see page 6 for more details. We have our first Rest Area Coffee Stop April 2-4, please sign up for a time-slot!

The **Interclub** committee is shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance!

Board Meeting Highlights

(for official copy of minutes, ask Secretary Linda B)

February 28, 2008

Board meeting was held after regular weekly meeting at Stanwood-Camano School District Board Room. President Tom Peiffer presided.

Attendance: Tom, Char, Linda L, Jack P, Mark, Carolyn, Glenda, Bob M, Howard, Darby, Palmer, Linda B.

Darby reported that our finances are in order and Admin Fund is reducing its debt. Four members are still in arrears with their dues. Their dues were paid with the anticipation that these moneys were forthcoming. Dues are due in September. We discussed adding a \$30 late fee which the club is fined by Kiwanis International. Often a company will sponsor a membership, and we may ask that members prepay and then be reimbursed by their sponsor.

Members going to the March 15th Zone Conference paid for their own attendance and lunch registration. The Administration Fund would normally cover that fee and the \$25 needed for the Zone gift basket item. Carolyn Tobiason gave a check to cover that latter expense.

Reading of January Board Meeting minutes were dispensed.

Old Business:

We gave financial help to Roger Cooper who was severely hurt in an accident last year. Tom reported that he is not doing well, and may not survive his injuries.

Mark showed the magazine ad for the Camano Climb, and is already receiving positive responses. Howard, Palmer, and Mark will contact the banks for \$200 sponsorships.

New Business:

Lloy Schaff requested \$50 from Youth Services for School District Kindergarten Reading Readiness Evening. The amount was given.

\$250 was given from Youth Services educational materials for the "Kids in Cars Project," that our Lt. Governor Char takes to the community and schools.

Pacific NW Circle K Groups ask for \$200 to support their school in Africa. The funds will come from Sponsored Youth: Howard made the motion, 2nd by Linda Littlefield, passed.

Community Service will donate \$100 to the Stanwood Lion's Club for their holiday Smoke Stack decorations. Howard made the motion, Mark seconded, passed.

The question of securing product for the August Fair was discussed. Howard, Tom, Kevin, and Basil will investigate the feasible possibilities.

We discussed investing \$250 from the Admin. Fund or general membership to raffle Rose Bowl Parade tickets that support of the Kiwanis International Float entry. The motion was not carried, but more discussion is forth coming.

Jack reminded us that the Rest Stop dates are approaching.

Meeting adjourned.

Respectfully submitted, Linda Boland, Secretary

Comings and Goings

(continued from page 1)

interested. Cost is \$36 and includes continental breakfast and a nice buffet lunch. You will learn a lot about Kiwanis, bring back new ideas for our club, and meet some new friends from other Kiwanis Clubs in our Zone (extends north into British Columbia and south to Lynnwood/Snohomish/Monroe).

Cub Scout Pack 86 presented our Kiwanis Club with a Charter plaque during their Blue and Gold Banquet last month. The boys are going on their first overnight camping experience at the Pacific Science Center on March 1-2. They are very excited! The boys are signing up for Summer Camps this month as well. See more about how you can get involved in Scouting on page 5.

Be on the look-out for Every Day Heroes in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to. The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee. See news about all **committees** on page 3.

Highlights of the February **Board Meeting** are on page 4.

Member Classifieds

(to advertise, send email or call Erika by the last Monday of each month) 10% of your sales goes to our club Admin Fund.

For sale: Small upright freezer: \$75. Howard 629-2372.

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.—Kiwanis defining statement, adopted October 2004.

For the Kids . . .

(from Char's Kitchen)

Easter Nests

Even the adults will enjoy these.
The kids will be proud!

4 cups chow mien noodles
½ cup light corn syrup
½ cup sugar
¾ cup creamy or crunchy peanut butter
jelly beans or other egg shaped candies

In a large mixing bowl, use your hands to break noodles into smaller pieces. In a large saucepan, combine sugar and syrup. Cook over medium heat until sugar is melted and edges begin to bubble. Add peanut butter and stir until smooth. Pour mixture over noodles.

Carefully test for temperature. With slightly buttered hands, form mixture into tight balls using approx. ¼ cup mixture per ball. Make indentation in center of each ball to resemble a bird's nest. Add candy "eggs" to finish the nests. Place on waxed paper and allow to cool completely.

Have fun and Enjoy!



THE DIVISION 21 WEBSITE:
www.snohomishkiwanis.org/D21.htm

GREETINGS FROM THE MEMBERSHIP COMMITTEE

The rewards of joining Kiwanis: one act of kindness can change the course of a life. Proving that one can make a difference, Kiwanians have helped eradicate diseases, build schools, shelter the homeless, feed the hungry, and generate millions of smiles. What better way to describe what Kiwanis does to a potential member. Let's build our club! Just KEEP ASKING! ~ membership chair, Char

Cub Scout Pack 86



Our Cub Scout Pack is finally becoming a busy pack with separate den meetings and lot of fun activities. We have our first overnight outing on March 1-2 to the Pacific Science Center in Seattle. This will be a new adventure for all the boys!

Our Blue and Gold Banquet in February was a great success. It was a fun night of celebrating the boys' accomplishments and our growth as a Pack.

We'll be signing up for summer camps this month and getting ready to do a Spring Fundraiser on May 3 at the Silvana Car Show. We plan to do our part with Scouting for Food at one of the local grocery stores in March or April and we also plan to help the Kiwanis at the Safety Fair on May 17.

We are still in need of more leaders and assistants (especially for our 4th grade Webelos) and committee members (the organizers behind the scenes) for our group, so if you are interested, please consider it! We meet on Mondays, 6:30-7:30pm at the Stanwood United Methodist Church - you are welcome to come anytime to observe. The Pack Committee meets on a different night (usually a Tuesday or Thursday evening about once every month or every other month), so if you become a committee member the time commitment is not as great, depending on your assigned task. Many of our parents have stepped up to the task, but some cannot make that much of a commitment of their time right now.

We are especially looking for someone interested in planning outdoor activities for the boys - day hikes, an annual pack family overnight, etc. We would like to get the boys doing more outdoor activities throughout the year, especially hiking. There is a Scout Training course coming up in May especially for scout volunteers doing outdoor activities - two of our den leaders are already going to it, we could use one more! If you have good ideas of where to go or would like to be our Outdoor Coordinator, please contact Erika.

For more information talk to Erika. *You can make a difference in young boys' lives!*

A Message from Lt. Governor Char ...

I want to thank you for supporting our Division 21 Kids In Cars program. So far (with more to come) we have sent \$950 to Kids In Cars to keep this wonderful program going! Public awareness is essential to eliminate the preventable deaths and injuries to children when left alone in or around motor vehicles. Please know that your involvement with Kids In Cars will protect our young children and save lives.

Thank you for all you do for our children and our communities!



The name has changed, but the cause is the same. WalkAmerica is now March for Babies. The March of Dimes needs you to help raise funds for healthy babies - their current emphasis is still on preventing premature births, which is the leading cause of death in infants.



Our Kiwanis team is set up and ready for walkers - won't you join in? Erika is the team captain for Kiwanis and for her family team; she's walked all but one or two years since 1986 and now Dave and the boys walk, too, as a family team, 'Team Sigmon'.

Please join the Kiwanis team or plan to support the team with your tax-deductible donation. Either way, go online to the Kiwanis Stanwood/Camano team webpage: www.marchforbabies.org/477886. Once there, either choose to donate to the team (or pick a team member to donate to specifically from the list at the bottom of the page - walkers get free t-shirts if they raise at least \$200!) or go to the bottom of the page and choose to join the team.

When you join, you will be given your own webpage to set up as you choose - then all you do is email all your friends with a link to your page where they can donate! It's easy and fun, both fundraising and the actual walk on April 26 in Everett at Legion Park (it's a 3.5 mile walk this year).

More Great Recipes from Char's Kitchen...

Salads to take along for Easter Brunch:

I have made all of these and the crowds love them!

Sweet Pecan Apple Salad

1 Tbsp brown sugar 2 tsp butter
1/3 cup pecan halves 3 Tbsp oil
5 tsp cider vinegar
1 can sliced beets (drained)
1 medium Golden Delicious apple,
cored & diced

Melt sugar and butter in skillet; add pecans. Cook and stir over low heat 3-4 minutes until caramel colored; cool. Combine oil and vinegar; toss with beets and apple. Add pecans just before serving, and serve over lettuce, if desired.

Cabbage Oriental Salad

1 head cabbage
2 Tbsp sesame seeds
1 pkg Top Ramen (chicken)
1/2 cup oil 3 green onions
3 Tbsp vinegar 1/4 cup sugar
1 cup slivered almonds
1 tsp salt and pepper

Toast seeds and almonds at 350* until brown. Crush noodles into tiny pieces. Slice cabbage, chop onions. Mix well. Mix oil, vinegar, sugar and pour over all ingredients. Add salt and pepper to taste.

Three Bean Salad

1 lb can cut green beans 1 lb can cut wax beans
15 oz can dark red kidney beans 1/2 cup chopped green pepper
1/2 cup sugar 2/3 cup vinegar 1/3 cup salad oil 1 tsp salt 1/4 tsp pepper

Drain all the beans. Add green pepper. Combine sugar, vinegar and salad oil; pour over vegetables. Add salt and pepper; toss. Chill overnight. Before serving, toss to coat beans; drain.

From the Fund Raising Committee . . .

Do you have an idea for a new and fun ways to fund raise? Bring your ideas to the Fund Raising committee or to a Board member. We are looking for new ways to raise the funds necessary to support all our projects we want to do. We need to come up with ideas for what we can sell in our Fair booth, too.

Please sign up to help during our first of two Rest Area Coffee Stop fundraisers - April 2-4. This one is at the I-5 Northbound side rest area just north of Smokey Point. We'll need round the clock help - please sign up for a shift or two! Many hands make light work, let's spread the wealth and make it easy on everyone!

The Camano Climb planning and registration is well underway. Mark your calendar for Saturday, May 3! We'll need everyone to help out that day. Our newest member, Mark Everett, owner of our local Stanwood Velo Sports bike shop has brought in some good ideas for this year's event. Don't miss it!

Dessert Salad

1 quart frozen whipped topping
(thawed)
1 pkg pistachio flavored instant
pudding
1 can (20oz) crushed pineapple
(with juice)
1/2 cup miniature marshmallows
(colored)
1/2 cup chopped walnuts
maraschino cherries

Combine all ingredients, except cherries; blending well. Serve immediately or chill. Top with cherries.

Enjoy! ~ Char

**Did you
know . . . ?**

. . . that in 1851, Benjamin T Babbitt became the first manufacturer to put soap bars in a wrapper. Up until then, soap was made in loaves which the grocer sliced and then weighed much the same as cheese.