

# Stan-Cam Happenings

Stanwood-Camano Kiwanis Club  
Pacific Northwest District  
Division 21



Vol. 07/08 Num. 5  
February 2008

*Our Defining Statement:* Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

## Stanwood-Camano Kiwanis

Meets every Thurs, 7am at the Stanwood-Camano School Dist. Office, 26920 Pioneer Hwy. Board meets last Tues, 7:30am at Camano Inn restaurant.  
*Mailing Address:* PO Box 583, Stanwood, WA 98292

## Club Officers

*President:* Tom Peiffer  
phone: (360) 387-2643  
email: tomcharpeiffer@mindspring.com

*Secretary:* Linda Boland  
phone: (360) 387-3366  
email: lbmft@wavecable.com

*Treasurer:* Darby Cook  
phone: (360) 939-2225  
email: darbycook@hotmail.com

*Pres. Elect:* Erika Sigmon  
phone: (360) 629-3363  
email: erikas.fssi@verizon.net

*Vice Pres.:* Linda Littlefield  
phone: (360) 629-6374  
email: linda\_littlefield@msn.com

## Board Members:

2008: Bob Mitchell, Carolyn Tobiason, Kevin Burham

2009: Palmer Sather, Pamela Barton, Ron Frey

2010: Howard Quigley, Basil Badley

*Committees:* See page 3.

## PNW Division 21 (see p. 2)

2007-08 Lt. Gov.: Char Peiffer

## Pacific Northwest District

2007-08 Gov.: Rich Jensen

website: [www.pnwkiwanis.org](http://www.pnwkiwanis.org)

## Editor: Erika Sigmon

(425) 231-2924; (360) 629-9973  
erikas.fssi@verizon.net

Information for publication should be phoned or emailed to Erika by 5pm of the last Tuesday of each month.

Photos may be submitted.

## Comings and Goings

We have two walk teams forming this Spring - the March of Dimes March for Babies is April 26 in Everett (see page 6) and the Stanwood-area Relay for Life for the American Cancer Society is May 30-31 (see page 2). Sign up to fundraise and walk or plan to support our teams' fundraising efforts!

We've got a new place to meet! Starting January 17, go to the Stanwood-Camano School District Office on Pioneer Highway, just North of Highway 532. Park around in the back and go in the lower entrance - we are in a meeting room on the lower level. Breakfast will be catered for \$5.50 each

*Continued on page 4 . . .*

## Club Meetings

Contact Char Peiffer or a person listed below with any program ideas.

### February Programs

- 7** Nancy High; Serbian Exchange Student at Stanwood HS will talk about his experiences.
- 14** Glenda Mitchell; Kate Kypuros from META performing arts will do storytelling.
- 21** Char Peiffer
- 28** Mark Everett

### March Programs

- 6** Walt Thomas
- 13** Betty Peary
- 20** Jack Stedman
- 27** Dave Bales; Detective Barb Taylor, Child Interview Specialist, Ashley Wilke and "Stilson" the service dog - presentation about Dawson's Place Child Advocacy Center and their Service Dog program for children.

[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

## Calendar of Events

### February

- 14** Valentine's Day
- 18** Presidents' Day
- 25** Cub Scout Pack 86 Blue & Gold Dinner; 5:30pm @ First Methodist Church in Stanwood
- 26** Club Board Mtg, 7:30am

### March

- 9** Daylight Savings - "Spring forward"
- 15** Zone Conference, Cotton Tree Convention Center, Mount Vernon.
- 17** St. Patrick's Day
- 23** Easter
- 25** Club Board Mtg, 7:30am
- 27** Division Mtg.

### Future Dates

- Apr 5** Kiwanis One Day.
- Apr 26** MOD March for Babies; 8:30-11am, Legion Park, Everett.
- May 2-4** Key Leader Event, Camp Brotherhood, Mount Vernon.
- May 3** Camano Climb.
- May 30-31** Relay for Life, Stanwood
- Jun 7** CLE (Club Leader training), Mount Vernon.
- Jun 26-29** Kiwanis International Convention, Orlando, FL
- Aug 14-16** PNW Dist Convention, Tri-Cities, WA

## From the President . . .

Happy New Year!

We are settled in our new meeting place and it is wonderful! Great food at a really good price!

So far this year we have 3 new members . . . my goal is 12, which is 25% growth for our club. If we achieve this goal our club will receive a 25% bonus from International back from our dues! This money goes back into our Admin account! This amounts to only 3 new members per quarter. I know that we all can think of at least 1 person who would make a great member of Kiwanis. If you have not brought in a new member lately then get serious! The more members we have the more hands we have to do our projects in support our children and community.

Remember "JUST ASK"! *Prez Tom*

## Community Service in Action

We are thinking of ideas for our Kiwanis One Day project in April. If you have ideas, please let the Community Service committee know.

We continue to drive seniors to appointments. Thank you for signing up. If you haven't signed up yet and have some free time during the week and a willingness to drive a senior to and from a doctor or other appointment, please call Lynn at the Stanwood Senior Center or call Glenda.

Signing up will put you on a calling list and you give the final say if you are available to drive when the Senior Center contacts you. There is no obligation to drive every day and time that you are signed up for. The seniors really appreciate this service, please add your name to the list.

We are considering starting a Terrific Kids or BUG (Bring Up Grades) program in at least one elementary school. If you are interested in getting this program started, please contact Glenda. You can find out more about the program on the K-Kids website: [www.kkids.org](http://www.kkids.org) - look at Terrific Kids and BUG.

## Stanwood Relay for Life

Sign-ups for our Relay for Life Team have begun. Contact Kevin to find out how to register online. This year Stanwood's event is Friday, May 30 - Saturday, May 31.



## GREETINGS FROM THE MEMBERSHIP COMMITTEE

Three new members this last month! We welcome Dave Bales, Karla Jacks and Mark Everett! How exciting! I know they all will be great additions to our club!

We still need to put some growth to our club, so when we are serving our community we will have extra hands and even a better chance at some new ideas. Tom has had some new Kiwanis cards made for inviting guests to come and see what a great group we are. Please ask for some at the next meeting and watch our Kiwanis club grow!

~ Membership Chair Char

## Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - [www.kiwanis.org](http://www.kiwanis.org) - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

\*\*Let the Secretary know if you attend any of these meetings or events.

## Other Division 21 Clubs:

**Arlington** -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Past Pres: Gilman McKinnie, 360-435-5153.

**Darrington** -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Nels Rasmusson, 360-436-2906

**Everett-Evergreen** -- Meets Fri. 7am,

Evergreen Bowling Alley; Pres: Gloria Smith, 425-742-2152.

**Everett Golden K** -- Meets Thurs.

10am, Everett Senior Center; Pres: Larry Alsbury, 360-653-7239.

**Lake Stevens** -- Meets 1st Wed 7pm,

other Weds. 6:30am, Buzz Inn; Pres: Marcus Targent, 425-315-3882.

**Marysville** -- Meets Tues. 7am, Village

Restaurant; Pres: Dave Voigt, 360-653-5110.

**Mukilteo** -- Meets Tues. 7:30am,

Harbour Pointe Golf Club; Pres: Judith Murdock, 425-493-6763.

**Silver Lake, Everett** -- Meets 1st Wed

7pm, other Weds. 7am, Patty's Eggnest Chuckwagon Inn; Pres: Howard Holl, 425-357-3568.

## 2007-2008 Div. 21 Lt. Governor

Char Peiffer -- (360) 387-2643  
[tomcharpeiffer@mindspring.com](mailto:tomcharpeiffer@mindspring.com)



**Have you invited someone to Kiwanis, lately?**

## Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Char Peiffer**

Interclubs: **Bob Mitchell**

Scholarships: Dan Follette,  
Mick Hanson, Kate Wigner

Membership: **Char Peiffer**,  
Lloy Schaaf

Young Children: Kate Wigner,  
Char Peiffer, Erika Sigmon

Sponsored Youth: Linda  
Boland, Kate Wigner

Key Club Advisor:

K-Kids Advisor: Kathleen Nelles

Risk Management: **Jack  
Stedman**

Public Relations: Pamela  
Barton, Lynn Wilkerson, Erika  
Sigmon (newsletter)

Community Service: Glenda  
Mitchell, Linda Anderson, Lynn  
Wilkerson

Every Day Hero Nominations:  
everyone!

Fund Raising: Tom Peiffer, Jack  
Perry, Howard Quigley, Kevin  
Burham

Camano Climb: Mark Everett

Spiritual Values: Ron Frey,  
Pamela Barton

Sunshine: Laura Peterson, Bob  
Jacobs

**If you don't see your name -  
pick one to be on! We need  
everyone to help keep our  
club running smoothly.**



## Birthdays & Anniversaries

### February

**2** Richard Manrique

**12** Frank Butler

**17 A:** Dan & Katrina Johnston

**21** Darby Cook

**27 A:** Rob & Hannah Mitchell

## Sponsored Youth News



The K-Kids at Elger Bay Elementary's are finishing up their ABC books for Kindergartners. They have been helping weigh phone books for our phone book drive which ends tomorrow. The food drive starts tomorrow and they will be helping count and load the food that is brought in by their classmates.

May 16th has been chosen for our Locks Of Love Assembly. The kids will be promoting this event and getting hairdressers and volunteers to cut hair during this assembly. It should be great fun:)

If you are interested in helping with the K-Kids this school year, contact Linda B.

## Zone Conference coming to Mount Vernon!

Learn more about Kiwanis, bring back new ideas for our club and meet lots of Kiwanis members from throughout our Zone (from Snohomish up into British Columbia!). Mark your calendar for March 15 and sign up to go before February 25, cost is \$31 which includes continental breakfast and sit-down lunch - early registration is due on Feb. 27! See attached flyer for more information.

## Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Tom know. This is your club, your help is needed to keep things running. We can do great things when we all work together!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact Char. If you are unable to make the date assigned to you, please let Char know in advance so we can make arrangements for someone else to have the guest speaker. We all enjoy having guest speakers and not having one upsets our program for the day!!

Whenever a 5th meeting occurs during the month (next one is in May), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought.

**Membership:** Do you know someone who would make a good member of our club? Invite them! See report on page 2.

The **Community Service** committee is looking for ideas for Kiwanis One Day service project in April - see page 2 for more details. Also, we are still signing up volunteer drivers to take seniors to local appointments as needed - see page 2 for more information about this as well.

The **Fund Raising** committee is entertaining new ideas for fund-raisers for the coming year. If you have an idea, talk to someone in this committee. They are preparing for the Camano Climb as well - see page 6 for more details.

The **Interclub** committee is shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance!

# Board Meeting Highlights

(for official copy of minutes, ask Secretary Linda B)

January 31, 2008

Attendance: Tom, Char, Linda L, Palmer, Bob M, Glenda, Erika, Pamela, Kevin, Howard, Carolyn, Ron. Darby, Kate, Linda B.

The minutes were dispensed. Darby Cook gave the financial report for the end of January. The amount set aside for the Administration Fund is negative at this time. Much discussion followed. The amounts collected from White Elephant Auction and recently collected dues reduced negative cash flow considerably. There were discussions to limit High School Scholarships since Key Club is no longer active, and increase other youth donation involvement with Cub Scouts, Boy Scouts, and K-Kids.

## Old Business:

Carolyn and Linda L. are still preparing the request for \$3000 in Grant moneys from Fred Meyer Corporation.

## New Business:

It was decided that Bob M and Palmer ask for \$200 donations from local banks. We will strongly pursue food donations for Camano Climb Bike Ride in May, and limit the outside restroom rentals for event. Pamela suggested honoring donations with different color levels for those donations over certain amounts. These would be shown at the event activities. The suggestion was well received.

Erika requested moneys for our Cub Scout Pack Summer Camp expenses. After much discussion, Kate moved that we give \$350 to our Cub Scout Pack and \$350 to the Girl and Boy Scouting organizations. Linda B seconded, and the motion passed.

Glenda has information about introducing Terrific Kids and/or Bugs (Bringing Up Grades) to our elementary schools.

The productive meeting was adjourned.

Respectfully submitted,  
Linda Boland, Secretary

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**“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it’s the only thing that ever has.” — Margaret Mead**

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**Member Classifieds** (to advertise, send to erikas.fssi@verizon.net by the last Monday of each month) 10% of your sales goes to Admin Fund.

**For sale:** Assorted beginning band/orchestra instruments, including new, lightly used and well used flutes, clarinets, trumpets, trombones, saxophones, snare kits and violins. Prices vary, and are 1/2 of the price that I had them listed when I had my music store. Pamela Barton, hmc2@whidbey.net or 360-629-0590.

**For sale:** New metal 4-door file cabinet, \$25; New computer desk, white finish with shelves & white drawers on end, \$50. Howard 629-2372.

## Comings and Goings

(continued from page 1)

- including an entree, which will rotate by the week, coffee, tea, juice and a cereal or oatmeal alternative. We had to guarantee 15 meals, so our club will pay for anything less than 15 meals purchased (we may resort to a \$2 cover charge for those not purchasing the breakfast to help with this possible cost to our club). It also means that we need to know when extra guests are coming (interclubs or many visitors), so that the caterer can be prepared with enough food. (Interclub chairmen - please contact Pres Tom, when you plan to come to one of our meetings!)

Our Cub Scout Pack had a great Pinewood Derby event in January. The boys did a great job building their cars! Please plan to join the Pack on February 25 for their Blue and Gold dinner. It will be a fun night of awards and skits. Please let Erika know if you will attend. See more about how you can get involved in Scouting on page 5. Be on the look-out for Every Day Heros in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to. The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee. See news about all **committees** on page 3.

Highlights of the January **Board Meeting** are on page 4.

**Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.—Kiwanis defining statement, adopted October 2004.**

## For the Kids . . .

(from Char's Kitchen)

*Winter is still here so let's  
have some fun indoors  
making snowmen!*

### Ingredients:

Chocolate sandwich cookies  
White icing           Decorating gel  
Pretzel sticks  
4" red string licorice  
Chocolate wafers  
Miniature peanut butter cups

1. Spread icing on end of 1 marshmallow; place icing side down on top of cookie. Top with 2 more marshmallows to resemble snowman, securing with additional icing.
2. Decorate with decorating gel for eyes, nose and mouth. Insert 2 pretzels into middle marshmallow for arms. Tie licorice around neck for scarf.
3. Top wafer with peanut butter cup, securing with icing. Place on top of snowman, securing with additional icing.

Have fun and watch those smiling eyes!



## A Message from Lt. Governor Char ...

Our Division meeting on Dec. 17th was wonderful! We had three great speakers, Ken Bell (Tag Team), Dan Steffen (Kiwanis Float) and we were honored with a visit from our PNW Governor Rich Jensen. It isn't often we get such a great team at our Division meetings. Also Linda Boland played the piano for our beginning songs!! Thanks Linda! I do not remember ever having such a great meeting. Also we had some great gifts to give away for our drawing, courtesy of Elger Bay Gifts.

Our next Division meeting will be March 27th, please plan to attend! You will get to know some of the great Kiwanians out there doing the same great things for their community and their children!

God bless you all for all that you do!

## Cub Scout Pack 86



Our Cub Scout Pack is finally becoming a busy pack with separate den meetings and lot of fun activities. We have our first overnight outing on March 1-2 to the Pacific Science Center in Seattle. This will be a new adventure for all the boys!

Everyone is invited to attend our Blue and Gold Dinner on Feb. 25. It is a night to celebrate the birthday of Scouting and present special awards. We'll also be doing a presentation about the Friends of Scouting (FOS) program. FOS provides the much needed funding for the Scouting program to continue. Boy Scouts of America charges each boy \$10 per year to be a member, however the actual cost for each boy is about \$134. Because the local United Way agencies will not provide financial support (because of the way we screen our leaders), we rely heavily on the FOS campaign each year to keep the Scouting program running. Donations to 'BSA' are tax deductible, of course. And you even get a special collectable patch depending on the level of your donation. Plus, as an added bonus, the boys in our pack get a discount on their summer day camp - the more the donations from our families and friends, the more the discount.

We are still in need of more leaders and assistants (especially for our 4th grade Webelos) and committee members (the organizers behind the scenes) for our group, so if you are interested, please consider it! We meet on Mondays, 6:30-7:30pm at the Stanwood United Methodist Church - you are welcome to come anytime to observe. The Pack Committee meets on a different night (usually a Thursday about once every month or every other month), so if you become a committee member the time commitment is not as great, depending on your assigned task.

We are especially looking for someone interested in planning outdoor activities for the boys - day hikes, an annual pack family overnight, etc. We would like to get the boys doing more outdoor activities throughout the year, especially hiking. There is a Scout Training course coming up in May especially for scout volunteers doing outdoor activities - two of our den leaders are already going to it, we could use one more! If you have good ideas of where to go or would like to be our Outdoor Coordinator, please contact Erika.

For more information talk to Erika. *You can make a difference in young boys' lives!*



The name has changed, but the cause is the same. WalkAmerica is now March for Babies. The March of Dimes needs you to help raise funds for healthy babies - their current emphasis is still on preventing premature births, which is the leading cause of death in infants.



Our Kiwanis team is set up and ready for walkers - won't you join in? Erika is the team captain for Kiwanis and for her family team; she's walked all but one or two years since 1986 and now Dave and the boys walk, too, as a family team, 'Team Sigmon'.

Please join the team or plan to support the team with your tax-deductible donation. Either way, go online to the Kiwanis Stanwood/Camano team webpage: [www.marchforbabies.org/477886](http://www.marchforbabies.org/477886). Once there, either choose to donate to the team (or pick a team member to donate to specifically from the list at the bottom of the page - walkers get free t-shirts if they raise at least \$200) or go to the bottom of the page and choose to join the team.

When you join, you will be given your own webpage to set up as you choose - then all you do is email all your friends with a link to your page where they can donate! It's easy and fun, both fundraising and the actual walk on April 26 in Everett at Legion Park (it's a 3.5 mile walk this year).

## From the Fund Raising Committee . . .

Do you have an idea for a new and fun way to fund raise? Bring your ideas to the Fund Raising committee or to a Board member. We are looking for new ways to raise the funds necessary to support all our projects we want to do. We need to come up with ideas for what we can sell in our Fair booth, too.

The Camano Climb planning and registration is well underway. Mark your calendar for Saturday, May 3! We'll need everyone to help out that day. Our newest member, Mark Everett, owner of our local Stanwood Velo Sports bike shop has brought in some good ideas for this year's event.

## More Great Recipes from Char's Kitchen...

### Time for Soup! *Baked Potato Soup*

Makes 4 servings.

¼ cup (1/2 stick) butter    ¼ cup chopped onion    ¼ cup all-purpose flour  
1 can (14.5oz) chicken broth    1 can (12oz) evaporated milk  
2-3 large baking potatoes (baked or microwaved)

Melt butter in large saucepan over medium heat. Add onion; cook, stirring occasionally, for 1-2 minutes or until tender. Stir in flour. Gradually stir in broth and evaporated milk. Scoop potato pulp from 1 potato (reserve potato skin); mash. Add pulp to broth mixture. cook over medium heat, stirring occasionally, until mixture comes just to a boil. Dicing remaining potato skin and potatoes; add to soup. Heat through. Suggested toppings: cooked crumbled bacon, shredded cheddar cheese, sliced green onions.

### *Salmon Chowder*

Makes 14 servings.

2 lbs red potatoes, peeled and cubed    1 large onion, chopped  
1 can (49.5oz) chicken broth    1 lb salmon steak, cut into 1 inch cubes  
½ pound bacon, cooked and crumbled    2 cups milk  
1 cup half and half cream    1 Tbsp butter or margarine  
½ tsp salt    pepper to taste

In a soup kettle or Dutch oven, bring potatoes, onion and broth to a boil. Reduce heat; cover and cook until potatoes are tender. Add salmon and bacon; cook over medium heat until fish flakes easily with a fork. Reduce heat; stir in milk, cream, butter, salt and pepper; heat through (do not boil). Thicken if desired.

**Enjoy! ~ Char**

## Did you know . . . ?

. . . that the Presidents of the United States have come from all walks of life.

Some, like Franklin D. Roosevelt and John F. Kennedy, enjoyed wealth. Others, like Millard Fillmore, knew poverty.

They grew up both on the frontier, like Andrew Jackson, and refined society, like Theodore Roosevelt.

Their education also varied. Woodrow Wilson was a scholar and university professor, while Andrew Johnson was a tailor with no formal schooling at all.

Whatever differences in all of their backgrounds all of them had whatever it took to become Presidents of our great nation.