

# Stan-Cam Happenings

Stanwood-Camano Kiwanis Club  
Pacific Northwest District  
Division 21



Vol. 06/07 Num. 1  
October 2006

*Our Defining Statement:* Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

## Stanwood-Camano Kiwanis

Meets every Thursday, 7am at  
Viking Restaurant in Stanwood.  
Board meets last Tuesday, 7am.

### Mailing Address:

PO Box 583  
Stanwood, WA 98292

## Club Officers

*President:* Char Peiffer

87 Lynn Drive  
Camano Island, WA 98282  
phone: (360) 387-2643

email: tomcharpeiffer@mindspring.com

*Secretary:* Linda Boland

phone: (360) 387-3366

email: lbmft@wavecable.com

*Treasurer:* Darby Cook

phone: (360) 939-2225

email: darbycook@hotmail.com

*Pres. Elect:* open

*Vice Pres.:* Erika Sigmon

phone: (360) 629-3363

email: erikas.fssi@verizon.net

*Board Members:*

2007: Kevin Burham, Ron Frey

2008: Bob Mitchell, Carolyn Tobiason

2009: Palmer Sather, Tom Peiffer

*Committees:* See page 3.

**PNW Division 21** (see p. 2)

2006-07 Lt. Gov.: Ken Bell

**Pacific Northwest District**

2006-07 Gov.: Lori Bryant

website: www.pnwkiwanis.org

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Information for publication should  
be phoned or emailed to Erika  
Sigmon by 5pm of the last  
Tuesday of each month.

Photos may be submitted.

## Comings and Goings

Welcome to a new Kiwanis Year! Now's the time to figure out how you will use your talents to help keep our club active in our community. If you haven't chosen a committee, pick one! President Char is challenging everyone to bring in one new member this year - who will you ask?!? See page 2 for the president's message and a farewell from past president, Pamela on page 5.

The installation banquet was a lovely affair! Pamela created "trophies" for every member of our club - each one unique, symbolizing that member's contribution to last year's success. Our Kiwanians of the Year were Glenda, Linda B., and Kate. We had many perfect attendance awards to hand out (see page 5). Palmer Sather was awarded the Legion of Honor for 30 years of service in Kiwanis. (And those 30 years were all perfect

*Continued on page 4 . . .*

## Club Meetings

Contact Tom Peiffer or a person listed below with any program ideas.

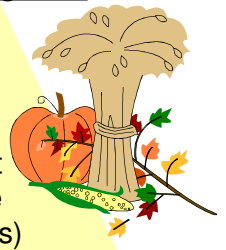
### October Programs

- 5 Gary Beard
- 12 Stacey Sawatzky
- 19 Jack Stedman
- 26 Kate Wigner



### November Programs

- 2 Lynn Wilkerson
- 9 Lefty Wooten
- 16 Peggy Burr
- 23 Round Table
- 30 White Elephant  
Auction (see page  
3, committee reports)



[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

## Calendar of Events

### October

- 1 Begin 2006-2007 Kiwanis Administrative Year.
- 5 Division 21 Mtg; Marysville United Methodist (5600 64th St.), 7pm.
- 9 Columbus Day.
- 13 SHS Football Fry Sales.
- 29 Daylight Savings Time ends - fall back!
- 31 Club Board Mtg, 7am

### November

- 7 Election Day.

- 11 Veterans Day.
- 17 Special Division 21 Dinner.
- 23 Thanksgiving.
- 28 Club Board Mtg, 7am

### Future Dates

- Mar Zone Conference.
- Jul 5-8 Kiwanis Intl Convention, San Antonio, TX
- Jul 14-16 Art By the Bay - fish & fry sales
- Aug 23-26 PNW District Convention, Tacoma, WA

## From the President . . .

I thank you all for letting me come this far with Kiwanis!

This year I have 3 goals:

1. I would like each of us to bring in (1) new member
2. More hands-on projects in our community
3. More projects with Young Children Priority One

These are simple goals and together I know we can accomplish them!!!

I had a teacher in college who gave me a pin (a bee) and told me I could "bee" whatever I wanted to "bee". I know our club can "bee" whatever we want it to "bee".

Let's make this year a great one. *Prez Char*

## Community Service in Action

Upcoming projects will benefit the Food Bank, may include setting up a flu shot clinic (THRIVE), and will definitely encourage your support! We are looking into some new projects this year, as well as continuing with our tried and true ones.

One project that we are preparing to put on the chopping block is the Road Clean-up. Unless someone is willing to step up to the plate and be the spear-head for the project (pick work dates 3-4 times per year, organize the volunteers, gather the needed equipment, contact the county so they come to pick up our trash bags when we are done), this project will be history. That means that our sign on the highway, that says we clean through Stanwood, will be taken down and possibly another group will take over our prime Stanwood spot. If you are willing to take on the duties of clean-master (just think, you will be in charge of organizing it and getting the workers from one end to the other - you get to stay in the van!), contact Glenda ASAP! We need to let the county know soon, if we won't be doing our cleaning duties.

Also, if you have extra note cards or greeting cards (you may get freebees in the mail from nonprofits asking for donations), bring them to a meeting. We'll collect them and deliver them to Josephine Sunshine Home for the residents to use. They really appreciate getting cards that they can send to their friends and family.

Watch for more details on upcoming projects! ~ Glenda, chair

## More Great Recipes from Char's Kitchen...

### Cheesy Stuffed Meatballs & Spaghetti

4- Servings, Prep Time: 20 minutes, Cook Time: 20 minutes

- 1 lb. ground beef
- 1/2 cup Italian seasoned dry bread crumbs
- 1-egg
- 2-oz mozzarella cheese (cut into 12 half inch cubes)
- 1-jar (1lb, 10oz) Pasta Sauce
- 8-oz spaghetti (cooked & drained)

In medium bowl, combine ground beef, bread crumbs & egg: shape into 12 meatballs. Press one cheese cube into each meatball, enclosing completely. In a 3-quart saucepan, bring Pasta Sauce to a boil over medium-high heat. Gently stir in uncooked meatballs. Reduce heat to low and simmer uncovered, stirring occasionally for 20 minutes or until meatballs are done. Serve over hot spaghetti.

### Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - [www.kiwanis.org](http://www.kiwanis.org) - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

\*\*Let the Secretary know if you attend any of these meetings or events.

### Other Division 21 Clubs:

**Arlington** -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Pres: Gilman McKinnie, 360-435-5153.

**Darrington** -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Ken Bell, 360-436-9818

**Everett-Evergreen** -- Meets Fri. 7am,

Evergreen Bowling Alley; Pres: Craig Forbes, 425-252-3173.

**Everett Golden K** -- Meets Thurs.

10am, Everett Senior Center; Pres: Ben Hansen, 425-252-6258.

**Lake Stevens** -- Meets 1st Wed 7pm,

other Weds. 6:30am, Buzz Inn; Pres: Laura Brady-Scott, 425-335-1997.

**Marysville** -- Meets Tues. 7am, Village

Restaurant; Pres: Walt McKinney, 360-659-7437.

**Mukilteo** -- Meets Tues. 7:30am,

Harbour Pointe Golf Club; Pres: Ron Johnson, 206-227-8923.

**Silver Lake, Everett** -- Meets 1st Wed

7pm, other Weds. 7am, MC Grill & Lounge in Mill Creek; Pres: Earline Bowen, 206-361-5977.

### 2006-2007 Div. 21 Lt. Governor

Ken Bell -- phone: (360) 436-9818  
email: [kmbell@juno.com](mailto:kmbell@juno.com)



Have you invited  
someone to  
Kiwanis, lately?

## Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Tom Peiffer**

Interclubs: **Jack Peary**

Scholarships: Dan Follette,  
Mick Hanson, Kate Wigner

Membership: **Char Peiffer**,  
Gary Beard, Bob Jacobs

Young Children: Kate Wigner,  
Jerri Richards, Nancy High,  
Erika Sigmon

Sponsored Youth: Linda  
Boland, Kate Wigner, Carolyn  
Tobiason

Key Club Advisors:

K-Kids Advisors:

Risk Management: **Jack  
Stedman**

Public Relations: Bob Mitchell,  
Lynn Wilkerson, Erika Sigmon  
(newsletter)

Community Service: **Glenda  
Mitchell**, Peggy Burr, Lynn  
Wilkerson

Every Day Hero Nominations:  
everyone!

Fund Raising: Howard Quigley,  
Pamela Barton

Camano Climb: **Tim Kramer**

Spiritual Values: **Ron Frey**

Sunshine: **Laura Peterson**

**If you don't see your name -  
pick one to be on! We need  
everyone to help keep our  
club running smoothly.**

## Don't forget - Dues are Due!

### Birthdays & Anniversaries

#### October

3 Stacey Sawatzky

3 Tim Kramer

7 Palmer Sather

17 Pamela Barton

18 Tom Peiffer

19 Ann: Howard & Pat Quigley

22 Stuart Harpel

## Sponsored Youth News



Our Key Club will be advised next year by Stacey and we have a lead on a faculty advisor to work with the group. More updates next month . . .



Our sponsored youth groups will be getting back in the swing in September or October, as long as we find advisors for them.

### More Great Recipes from Char's Kitchen...

#### *Pistachio Ambrosia*

1- sm box pistachio pudding mix      1- can (16oz) chunky pineapple  
1- can (8oz) crushed pineapple      1- cup shredded coconut  
1- cup chopped pecans or walnuts      1- cup minature marshmallows  
12 to 16 oz non-dairy whipped topping (thawed)

Combine cans of pineapple (including juice) then sprinkle pudding mix over pineapple. Let sit for a couple of minutes. Gently mix in coconut and nuts, then blend in whipped topping and marshmallows. Place in refrigerator for at least two hours to let the flavors blend together.

#### *Brownie Pizza*

Prepare a Brownie Mix to package directions. Spread onto greased 12 inch pizza pan. Bake at 350 for 18-22 minutes. Cool completely. Spread with Creamy Chocolate Fudge Frosting. Arrange 3/4 cup chopped bite size chocolate candies over frosting. Heat jars of Hot Fudge & Carmel Toppings (according to directions on bottles) and drizzle over top of candy.

## Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Char know. This is your club, your help is needed to keep things running. We can do great things when we all work together! Time to choose a committee for this year!!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact someone from that committee. Whenever a 5th meeting occurs during the month (next one is in October), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought.

**Membership:** Do you know someone who would make a good member of our club? Invite them! See page 5 for their report.

The **Community Service** committee has some new ideas for projects coming up. See their report on page 2.

The **Fund Raising** committee has a new fundraiser for Admin - see details on page 4.

The **Interclub** committee will be shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance! Keep up the good work everyone!



# Board Meeting Highlights

(for official copy of minutes, ask Secretary Char)

September, 2006

Attendance: Howard, Ron, Bob M., Tom, Char, Pamela, Darby, Kevin, Linda B., Kate, Palmer, Glenda, Jack P. & Jack S.

Called to Order at 7:00am by pres Pamela

Invocation: Ron Frey

Minutes from August: approved

Treasurer's Report: (Darby) new balance sheet as of Sep. 25th, 2006. Also profit and loss for admin and project accounts.

Everyday Hero: Our Everyday hero for month of September will be Sue Murphy. Laura will write up message to give to her when we present award. The board also approved giving her \$100 to help in her wonderful efforts.

New Business: Fish 'n' Chips @ 4th of July for City fireworks Heritage Park: decided not to do it this year. Will keep in mind other methods of doing food item for city.

Fundraising: Fish "n" Chips for 'Art By The Bay', July 14-16. Pamela has new fundraiser to start this Thursday, selling tickets for afghan she knitted. Brought up was fact that we need to tighten budget for bike ride - will talk with Tim about this.

Key Club: Carolyn and Char will meet with principal of high

school this Friday - will keep us informed of results.

Sponsored Youth: Char will call Frank Butler about Boy Scouts. Kate will find out about sponsoring a Girl Scout Troop this year.

Interclubs: (Jack P) first interclub for year will be at the Methodist Church in Marysville on October 5<sup>th</sup> – division meeting.

Club Meetings: (Tom) All set for month of November

Young Children: We want to give encyclopedias to third graders. Jack P. will find out if South Camano Grange is still doing this and how many. Linda Boland will find out many 3rd graders we have this year.

Risk Management: (Jack S.) Our insurance bill should be arriving soon.

Community Service: Decided that we give up our road cleanup project unless someone will step up and take charge.

Fundraising: Jack P. will see about rest stop for maybe in October. Whether we do fireworks again next year was discussed. Football for this coming Friday, we have enough help - October 13th we still need sign-ups.

Adjourned at 8:00am by Pres. Pamela

Secretary, Char

## Comings and Goings

(continued from page 1)

attendance, too!!) Way to go Palmer! We also awarded our August Everyday Hero award to Howard Quigley for all his hard work for the community.

The September Everyday Hero Award goes to Sue Murphy for her work with the Pilchuck Wildlife - a local wildlife rescue organization.

**Fish & Fries sales at the High School Football games** have gone very well. We have one more game in October.

Be on the look-out for Every Day Heros in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to.

The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee.

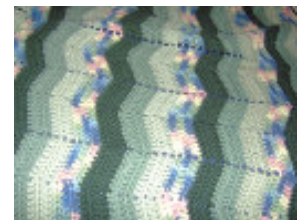
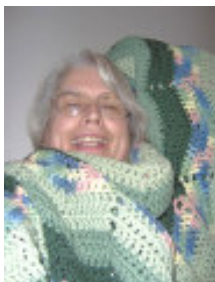
See news about all **committees** on page 3.

Highlights of the September **Board Meeting** are on page 4.

**Committee** assignments are listed on page 3 - if you aren't on the list yet, pick a committee and get involved!

## NEW FUNDRAISER to benefit the ADMIN FUND

A beautiful hand crocheted afghan has been donated to our club for a raffle. This prize is NOT available to the general public, only Kiwanis members in the Stanwood-Camano Kiwanis and members of nearby clubs. It is in three quiet shades of green with multi pastel accent stripes in the popular ripple pattern. It measures a VERY generous 55 inches by 80 inches, and is made of machine washable acrylic yarn.



Tickets are only \$1 each or 6 tickets for \$5. This will make a wonderful gift to yourself for the holidays. Wouldn't it be delightful to snuggle up with your sweetie under a soft afghan on a cold evening! Get tickets from Pamela Barton at the meetings.

## Perfect Attendance Awards for 2006-07 Year:

**2 years** - Bob Jacobs, Kevin Burham, Darby Cook, Carolyn Tobiason

**4 years** - Tom Peiffer

**7 years** - Pamela Barton

**8 years** - Linda Boland

**9 years** - Laura and Lyle Peterson

**10 years** - Stuart Harpel

**12 years** - Howard Quigley

**13 years** - Ron Frey

**16 years** - Bob Mitchell, Glenda Mitchell, Kate Wigner

**19 years** - Ray Cresap, Jack Peary

**24 years** - Mick Hanson

**25 years** - Lefty Wootten

**30 years** - Palmer Sather

Congratulations on a year well spent!

You can actually earn a year of perfect attendance during any 12 consecutive month period. If you miss a regular meeting, there are many ways to make it up, including project participation, attending a board meeting or attending an interclub or just going to another club's meeting on your own. It's easy and fun - you can even find clubs to visit when you are on vacation or a business trip, how fun would that be!?!

Try using the Club Locator on the KI website - [www.kiwanis.org](http://www.kiwanis.org).

## GREETINGS FROM THE MEMBERSHIP COMMITTEE

As your president for the coming year, I have challenged everyone to bring in at least one new member! You can do it! All you have to do is ask.

I am excited about this coming year. On board with me in the membership committee are Bob Jacobs and Gary Beard! This will be the year for new members!!!!

~Membership Chair Char

## From Past Lt. Governor Char

This past year as your LT Governor has been so rewarding for me! The extended family that I now have is wonderful! I have enjoyed going out and helping our clubs with membership, community service and fund raising activities.

Every single moment has been so gratifying! I have been told that it is unusual for someone who has never been a Club President to obtain the Lt. Governor position, but I am glad that I did. I obtained more insight and I think it gave me confidence, understanding and knowledge of what I can do and will do to make division 21 even better!!!

You are all my heroes. Thank-You for caring about our communities and our children. Thank-you for supporting me this past year!

God Bless you all, Lt. Governor Char

**Scholar Joseph Campbell said: "A celebrity serves himself or herself. A hero goes out and redeems society."**  
**You may have noticed that there aren't many celebrities in Kiwanis. But there are quite a few HEROES!!**

Dear Kiwanis members and friends,

Where did the year go? Fifty breakfasts on Thursdays, 12 on Tuesdays, that's a lot of eggs! New members, Gary, Nancy, Jeri, Lynn... and a dozen Everyday Heroes and fifty guest speakers...and many visitors from nearby clubs. I look back and feel that it was a very good year.

Our Camano Climb is always dependant on the good weather, yet our members turn out year after year, working hard, committed to excellence. Grumpy sounding Howard ramrods us all into shape so that in August, we all are ready to serve fish and chips to the crowds at the fair and the home games.

We turned out for the Fireworks booth and the highway rest stop coffee kiosk, perhaps not eager, but willing to do what was needed to bring in the funds for our projects. We walked in the Relay for Life, we had our first safety fair, and we supported the Food Bank, Scouts, Key Club and other clubs.

We have been blessed by able and committed members, turning out for the fundraisers, working on committees, and contributing what they can in time and efforts to make our Stanwood-Camano Kiwanis club a very fine club. I remember one long-retired person say, "awesome... I now have another job skill for my resume". Said in jest, it highlights several of the reasons we are Kiwanians: we continue to LEARN, we continue to SERVE, we continue GROW. It has been a fantastic ride, but that is ONLY because of the willing friends and members who participated in our Kiwanis club... thank you, each and every one, for a little or a lot, as each of you were able.

Pamela, past president