

Stan-Cam Happenings



Stanwood-Camano Kiwanis Club
Pacific Northwest District
Division 21

Vol. 05/06 Num. 7
April 2006

Stanwood-Camano Kiwanis

Meets every Thursday, 7am at
Viking Restaurant in Stanwood.
Board meets last Tuesday, 7am.

Mailing Address:

PO Box 583
Stanwood, WA 98292

Club Officers

President: Pamela Barton
PO Box 1138

Stanwood, WA 98292
phone: (360) 629-0590
email: hmc1@whidbey.net

Secretary: Char Peiffer
87 Lynn Drive

Camano Island, WA 98282
phone: (360) 387-2643
email: tomcharpeiffer@mindspring.com

Treasurer: Darby Cook
phone: (360) 939-2225
email: darbycook@hotmail.com

Pres. Elect: Char Peiffer

Vice Pres.: John Hanstad
phone: (360) 445-2102
email: jhanstad@wibank.com

Board Members:

2006: Bob Jacobs, Palmer Sather
2007: Tom Peiffer, Kevin Burham
2008: Bob Mitchell, Carolyn Tobiason

Committees: See page 3.

PNW Division 21 (see p. 2)

2005-06 Lt. Gov.: Char Peiffer

Pacific Northwest District

2005-06 Gov.: Steve Emhoff
website: www.pnwkiwanis.org

Editor: Erika Sigmon

(360) 629-3363; (360) 629-9973
erikas.fssi@verizon.net
Information for publication should
be phoned or emailed to Erika
Sigmon by 5pm of the last
Tuesday of each month.
Photos may be submitted.

Comings and Goings

Thank you to everyone who helped with the **Road Clean-up**. If you have any road cleanup vests or hats, please return them during a meeting, we are running low on safety outfits to hand out to those doing the work!

Our **Kiwanis Relay for Life Team** is sponsoring a **golf tournament** in May - check out page 6 for more information and a registration form. We are encouraging anyone from those with no golfing experience to pros, to come and try it out!

Reminder from the **Fundraiser committee**: the **Camano Climb** is coming up on May 7 - everyone will have a job to do, so keep your calendar open! Plus, it's not too early to get or renew your food handler's permit for the fair season!

Six members attended the **Zone Conference** in Mount Vernon last month - Char, Jack P., Bob M., Glenda, Howard and Erika. During the Division 21 caucus, we elected the 2006-07 Lt. Governor - Ken Bell of Darington

Continued on page 4 . . .

Club Meetings

Contact Tom Peiffer or a person listed below with any program ideas.

April Programs

- 6 Dan Follette
- 13 Richard Manrique
- 20 Mick Hanson
- 27 Stuart Harpel



May Programs

- 4 Tim Kramer
- 11 Bob Jakobs
- 18 Ray Cresap
- 25 Ron Frey

[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

Calendar of Events

April

- 2 Daylight Savings - Spring forward!
- 13 Passover
- 16 Easter
- 23-29 KI Foundation Skip-a-Meal week.
- 25 Club Board Mtg, 7am
- 29 Special Olympics Spring Sports Festival in Marysville

May

- 7 Camano Climb
- 7-13 Kiwanis Prayer Week
- 14 Mother's Day
- 21 Golf Tournament - Relay for Life team fundraiser - see page 6.

- 29 Memorial Day
- 30 Club Board Mtg, 7am

Future Dates

- Jun 3-4 Relay for Life, Stanwood
- Jun 24 Div. 21 Picnic with special guest, PNW Gov. Steve Emhoff
- Jun 28-Jul 2 Kiwanis Intl Conv., Montreal, Quebec, Canada.
- Jul 7 Division 21 Meeting
- Aug 4-6 Stanwood Fair - Fish & Fry sales.
- Aug 26 Stanwood Safety Fair.
- Aug 17-20 PNW District Convention, Lincoln City, Oregon.

From the President . . .

April showers! With warm weather ahead, our spring and summer will be delightful. I predict a record attendance for our Camano Climb. I predict hungry fair goers in August. I predict a well attended District picnic at Char's this June. And I predict more Interclub activity. We won't have the icy roads as an excuse to not go visiting other clubs, therefore join an interclub at your earliest convenience.

Did you know that a certain club stole our songbooks at our last meeting? All in good fun! When Char and I visited their club, the president made such a to-do about guarding their bell and gavel that I lifted the nametag of M. Bell and we held it for ransom. Retaliation and recovery! Did you miss that? Many of our members were absent that day. It was such fun! Of course we have snowbirds and they are missed dearly, but ones who are not traveling are also missed. Is it important to have "perfect attendance"? No, but it is a way to keep informed. It is a way to get to know other members better. It is an opportunity feel more like a Kiwanian. Besides, you miss out on the FUN of Kiwanis when you aren't here. If you think that perfect attendance is unattainable, know that there are many ways to "make up" the meetings when you are out of town or sick.

April showers! Bring on the flowers of May!

Pres. Pamela

GREETINGS FROM THE MEMBERSHIP COMMITTEE

I have been busy this month asking! Hoping to have a new member installed on the 30th of this month! All you have to do is ask!! When asked what Kiwanis is about here are a couple of ways for you to respond:

- (1) Kiwanis is a global organization of volunteers, dedicated to serving one child and one community at a time.
- (2) Kiwanis is the place for you if you:
 - * Believe children are the future
 - * Take pride in your community
 - * Want to reach out to those in need
 - * Enjoy meeting new people

All you have to do is ask!!!!!!!!!!!!!!

~ Char, membership chair

Did you know . . . ?

. . . that Skip-A-Meal is a chance for Kiwanis-family members to help children by missing breakfast, lunch, or dinner and contributing the meal's cost to the foundation instead. The Kiwanis International Foundation uses the money raised to fund grants that help children worldwide.

The next Skip-a-Meal week is April 23-29. Our club will have a special collection - "pass the hat" - during our April 27 meeting.

Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - www.kiwanis.org - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

**Let the Secretary know if you attend any of these meetings or events.

Other Division 21 Clubs:

Arlington -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Pres: Gilman McKinnie, 360-435-5153.

Darrington -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Ken Bell, 360-436-9818

Everett-Evergreen -- Meets Fri. 7am, Evergreen Bowling Alley; Pres: Craig Forbes, 425-252-3173.

Everett Golden K -- Meets Thurs.

10am, Everett Senior Center; Pres: Ben Hansen, 425-252-6258.

Lake Stevens -- Meets 1st Wed 7pm, other Weds. 6:30am, Buzz Inn; Pres: Laura Brady-Scott, 425-335-1997.

Marysville -- Meets Tues. 7am, Village Restaurant; Pres: Walt McKinney, 360-659-7437.

Mukilteo -- Meets Tues. 7:30am, Harbour Pointe Golf Club; Pres: Judith Murdoch, 425-493-6763.

Silver Lake, Everett -- Meets 1st Wed 7pm, other Weds. 7am, MC Grill & Lounge in Mill Creek; Pres: Lois Coghlan, 425-821-8000.

2005-2006 Div. 21 Lt. Governor

Char Peiffer -- phone: (360) 387-2643
email: tomcharpeiffer@mindspring.com



Have you invited someone to Kiwanis, lately?

Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Tom Peiffer**

Interclubs: **Jack Peary**

Scholarships: Dan Follette,
Mick Hanson

Membership: John Hanstad,
Char Peiffer

Young Children: Kate Wigner,
Bob Mitchell

Sponsored Youth: **Stuart
Harpel**

Key Club Advisors: Linda
Boland, Carolyn Tobiason

K-Kids Advisors: Heather
Saimons, Carolyn McNeill

Risk Management: **Jack
Stedman**

Public Relations: Carolyn
Tobiason, Jack Stedman, Erika
Sigmon (newsletter)

Community Service: **Glenda
Mitchell**, David Sigmon, Peggy
Burr, Lynn Wilkerson

Every Day Hero Nominations:
Char Peiffer, Tom Peiffer, Jack
Stedman, Carolyn Tobiason,
Howard Quigley

Fund Raising: **Kevin Burham**

Camano Climb: **Tim Kramer**

Spiritual Values: **Ron Frey**

Sunshine: **Laura Peterson**

**If you don't see your name -
decide which committee
you would like to help with
and let President Pamela
know, ASAP! We need
everyone to help keep our
club running smoothly.**

Sponsored Youth News



Heather reports that the K-kids are hard at work at Elger Bay Elementary deciding on what they want their end of the year project to be! For the next



couple weeks the students decided that we need a school clean up. So, during their lunch recess they will be on garbage patrol around their school. Following the clean



up the K-kids want to plan an assembly for the end of the year to thank our teachers for all the hard work that they did this year at Elger Bay. This is a very motivated group of kids who have all worked diligently to accomplish their goals!

The Key Club will be attending their District Convention during the second week in April at the Double Tree Inn at Southcenter. The Key Club meets at the High School twice a month in the early morning on the 2nd and 4th Thursdays to confirm their plans.

Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Pamela know. This is your club, your help is needed to keep things running. We can do great things when we all work together!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact someone from that committee. Whenever a 5th meeting occurs during the month (next one is in June), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought.

Membership: Do you know someone who would make a good member of our club? Invite them!

The **Community Service** committee have been hard at work finishing up the CASA drive and preparing for the Relay for Life in June. The Relay for Life team will host a golf tournament at Camaloch Golf Course on May 21 to raise funds for the American Cancer Society. They are working on the flyer and registration forms now. An opportunity to volunteer at a Special Olympics sports event is coming up at the end of April go to the Special Olympics website for more info on volunteering: www.sowa.org.

The **Fund Raising** committee is gearing up for the Camano Climb on Sunday, May 7 - everyone will have a task to do that day, so be prepared!

Young Children Priority One committee is looking to help the Stanwood Coop Preschool with their new facility - providing help installing and possibly purchasing playground equipment - what a fun summer project!

The **Interclub** committee will be shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance!

Birthdays & Anniversaries

April

7 Linda Littlefield

9 Jim Piccolo

19 Peggy Burr

22 Steve Boskovich

25 Ann: Jerome & Jennifer Burnett

25 Kevin Burham

27 Kristi Friday

Board Meeting Highlights

(for official copy of minutes, ask Secretary Char)

March, 2006

Attendance: Pamela, Char, Jack P., Howard, Carolyn, Glenda, Bob & Kevin

Call to order: 7:00am by Pres Pamela

Invocation: Darby

Minutes of Feb. meeting: Read and approved.

Treasurer's Report: Darby presented us with an update profit and loss through March 27th, for admin and the project accounts.

Key Club: (Carolyn) possibly 3 to 5 are going to convention at SeaTac along with Linda & Carolyn, April 7th - 9th.

Interclubs: (Jack P.) We will end up with at least 5 interclubs for the month of March! April has not been decided.

Club Meetings: (Char) Dates have been assigned for members to have guest speakers and they will be called.

Membership: (Char) preparing a list of new members that need to get active on a committee. We will install a new member this Thursday the 30th - Jeri Richards.

Scholarship: presently reading the scholarship applications. They have to be ready by April 15. A motion was made by Howard that

we have at least 4 board members and the Scholarship committee to meet and discuss how money is distributed, MSP. Date pending. Meeting will be with Dan, Kate, Mick & Jennifer.

Community Service: (Glenda) delivered more products to CASA - \$150. Relay meetings - Carolyn, Kevin & Glenda hours reported for community service (5).

Fundraising: (Jack P.) on waiting list for a chance at a rest stop event this summer. (Kevin) Things are on schedule for bike ride. Jack P. will notify Grange on Food Stop and Howard will do the Country Club. Fish'n'Chips: (Howard) Booth is reserved, nothing else at this time.

Everyday Hero: (Char) Something in works; will let you know at next meeting.

Old Business: N/A

New Business: (Pam) Nomination of new officers - we need nominating committee, Pam will bring this up to our membership on 30th meeting. We will need 2 new Board members, Secretary, President Elect and Vice President.

Meeting adjourned at 8:00am by Pres Pamela.

Secretary, Char

Comings and Goings

(continued from page 1)

and our own Char will return the following year as 2007-08 Lt. Governor. Our members attended several workshops, gathering new ideas to bring back to our club. Conferences and Conventions are a great chance to meet other Kiwanians, gather new ideas and catch some extra enthusiasm to bring back to our club. The International Convention is coming up in June in Quebec and the District convention is in August in Lincoln City, Oregon.

Registrations are already available on the International and District websites!

The **membership committee** has sent out a challenge for all members - see page 4!

Our **service project** collecting items for **CASA** continued clear through March by popular demand. CASA sincerely appreciated all the donations; they haven't had to buy food in several months and are now well prepared for kitten season!

Be on the look-out for Every Day Heros in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to.

The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee. See news about all **committees** on page 3.

Highlights of the March **Board Meeting** are on page 4.

Highlights of the March **Board Meeting** are on page 4.

Committee assignments are listed on page 3 - if you aren't on the list yet, pick a committee and get involved, it's not too late!

Save empty toilet paper rolls and paper towel rolls for a project that Glenda is doing for Relay for Life! Bring them to a meeting or deliver them to her directly whenever you get the chance. She needs lots of them!



A Young Children Priority One spotlight:

Every year in the US over 470,000 babies arrive too soon and in over half the cases, the cause is unknown. The March of Dimes is working to combat this silent crisis. The Sigmon family is participating in WalkAmerica on May 6 - contact Erika if you want to give a donation!

Another Great Recipe from Char's Kitchen ... *Strawberry Cheesecake Bars*

1- pouch sugar cookie mix
1/3 cup butter or margarine,
melted
2- tablespoons all purpose flour
1 egg
3/4 cup sugar
1 teaspoon vanilla
3/4 cup strawberry spreadable
fruit

Heat oven to 350. Spray bottom of 13x9 inch pan with cooking spray. In a medium bowl stir cookie mix, melted butter, flour and 1 egg until soft dough forms. Press evenly in pan. Bake 15 to 18 minutes or until light golden brown. Cool 15 minutes.

In a large bowl, beat cream cheese, sugar, vanilla and 2 eggs on medium speed until smooth. Spread evenly over crust in pan. Drop spreadable fruit in 3 lines the length of the pan. Use knife to pull jam from side to side through cream cheese mixture at 1 inch intervals. Bake an additional 25-30 minutes or until filling is set. Refrigerate until chilled, about 2 hours. Store uncovered in the refrigerator.

Enjoy!!!!!!!!!!

From Lt. Governor Char

March was a busy one for me! I went to all of our clubs, collecting something for our basket for the Zone conference. What a basket it turned out to be!! I also collected quilts and checks for Gov. Steve's Governor's project.

He had asked \$1,500 from each division to send one child to burn camp. We in Division 21 came up with almost \$3,200 to send 2 children to burn camp. Way to go division 21!!!!!!!!!!

Also we turned in 24 quilts, with more to come from the Marysville Kiwanis. I am so proud of our division! Remember the 30th is our division meeting at Marysville Library. Lake Stevens to have the guest speaker and Marysville to host.

June 24th is set for our Division Picnic at our home. I would like a great turn out as our own Gov. Steve will be attending.

You are great, because you care about our children and our community!

Is Life Just a Jar of Rocks?

One day an expert in time management was speaking to a group of business students and, to drive home a point, used an illustration those students will never forget. As he stood in front of the group of high-powered overachievers he said, "Okay, time for a quiz." Then he pulled out a one gallon, wide mouthed Mason jar and set it on the table in front of him.

Then he produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?"

Everyone in the class said, "Yes."

Then he said, "Really?" He reached under the table and pulled out a bucket of gravel. Then he dumped some gravel in and shook the jar causing pieces of gravel to work themselves down into the space between the big rocks. Then he asked the group once more, "Is the jar full?"

By this time the class was on to him. "Probably not," one of them answered. "Good!" he replied. He reached under the table and brought out a bucket of sand. He started dumping the sand in the jar and it went into all the spaces left between the rocks and the gravel. Once more he asked the question, "Is this jar full?"

"No!" the class shouted.

Once again he said, "Good." Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then he looked at the class and asked, "What is the point of this illustration?"

One eager beaver raised his hand and said, "The point is, no matter how full your schedule is, if you try really hard you can always fit some more things in it!"

"No," the speaker replied, "That's not the point. The truth this illustration teaches us is: If you don't put the big rocks in first, you'll never get them in at all." What are the 'big rocks' in your life? – Your children... Your wife or husband... Your loved ones... Your education... Your dreams... A worthy cause... Teaching or mentoring others... Your health... Your significant other...?

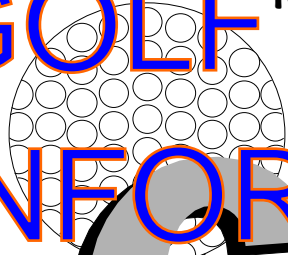
Remember to put these BIG ROCKS in first or you'll never get them in at all. If you sweat the little stuff (the gravel, the sand) then you'll fill your life with little things you worry about that don't really matter, and you'll never have the real quality time you need to spend on the big, important stuff (the big rocks). So, tonight, or in the morning, when you are reflecting on this short story, ask yourself this question: What are the 'big rocks' in my life? Then, put those in your jar first.

Join us on **Sunday, May 21**, at **Camaloch Golf Course**



for a **Shotgun 9 Hole Scramble**

GOLF UPDATE
for experienced golfers,
beginners and all those
in between . . .
INFORMATION



GOLF

Tournament

Sponsored by the *Stanwood-Camano Kiwanis Relay for Life* team to benefit the *American Cancer Society*.

Each team of 4 golfers will compete for generous prizes donated by local businesses.

For more information contact Peggy Burr at 360-629-7602; fax: 877-582-9451

Per person entry fee: \$45 (\$22 for golf, \$23 donation to American Cancer Society)

Schedule

1:00pm Registration
2:00pm Shotgun Start
4:30pm Awards Presentation

Golf Attire:

- * Appropriate golf attire
- * Soft Spikes
- * Golf Cart Reservations: 360-387-3084

Make Check Payable to:

Stanwood-Camano Kiwanis Club

Mail Entry Form & Check to:

**Peggy Burr & Carolyn Tobiason, co-chairs
PO Box 1740
Stanwood, WA 98292**

Deadline for Entries: May 15, 2006

----- **Detach Entry Form Here** -----

Name

Phone Number

Camaloch Member?

If you do not have a foursome, the committee will pair you up.