



2004-05

President – Terry Simon
Pres.-Elect – Tom Sorenson
Vice Pres. – Carie Rott
P. O. 1349 Monroe, WA

98272

Today is: February 16, 2005

(Only 65 days until opening day on lakes)

Smile: Quicksand works slowly, boxing rings are SQUARE and English muffins didn't come from England. Funny????

Devotion: "The memory of the righteous is blessed, but the name of the wicked will rot." *Proverbs 10:7*

Prayers: Give, O Lord we pray, the wisdom to use our time effectively for our fellow man to your glory. Amen.

Ben Franklin Crafts

Over 29 years in Monroe. Also in Bonney Lake
Visit our Award-Winning Frame Shop
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Fine Crafts, Floral, Candles, Sewing,
Scrapbooks Supplies, & Home Décor!
Over 500 'first jobs' for area students
360-794-6745

TODAY'S PROGRAM:

Betsy Lewis returns to bring us up to date on "What's Happening?" at the Library...and it IS changing.

Dr. "MAX" ORTHODONTICS

Ray Maxwell, D.D.S.
770 W. Main Street MONROE
360-805-0900 /800-817-1201

GIFTS FROM PROGRAMS PAST:

President Terry Simon brought us a very enlightened, with historical perspective, program on the growing quasi-legislative actions of our courts.

(We DO have the MOST interesting programs among our contemporaries.)

Vic Balta, Everett Herald's entertainment editor, brought us into the 21st century of today's television audience and what they want to watch.

A VALENTINE DELIGHT

Were you there? Did you enjoy the excellent grub? Was Don Steffen moving in his Valentine's over the years?? And the singing & music entertainment ???

Kiwanis of Monroe, Washington

Meets Wednesdays, @ Noon for lunch at Valley General Hospital...Join Us!

Club Officials

Treasurer – Ray Maxwell
Secretary – Jessica Peterson
Past Pres. – Paul Reasoner

Email is: MonroeKiwanis@aol.com

*****New e-mail address for club use*****

Another Wonderful evening for the lovers in Kiwanis and friends. thanks to Don & Elma Steffen!! & the Grange kitchen!!!

Monroe Therapeutic Massage

Specializing In
Deep Tissue and Injury Treatment



101 E. Main St. Monroe, WA.
Suite 201 phone: **360-863-0642**

IN CASE YOU HAVEN'T HEARD

In March, a new TV series will begin entitled, Trial By Jury. The 1st three episodes will star Jerry Auerbach, who passed away in Dec. You'll remember him as Lenny in Law & Order. This compliments of Vic Balta.

WYATT'S DIAMOND JEWELERS

Diamond Specialists

106 E. Main St. Monroe
(360)-794-7373

Diamond Importers, plus
Custom Jewelry Design & Manufacturing

E-MAIL & CLUB DEVELOPMENT

The Kiwanis Club of Monroe has a Club email address...see it at the top of this column??? Would you like someone to receive a copy of our newsletter via e-mail...perhaps someone who would make a good Kiwanian???? Here's how...

Just send me their email address & I'll take care of the rest, like adding them to distribution, along with a cover note introducing. If we hear from them, we'll send our wonderful lil brochure!

PURDY & KERR



Funeral Directors
360-794-7049
409 W. Main St., Monroe

Hoi Polloi ... What is it??? Can you eat it? First with correct answer wins...send it by "Reply" e-mail.

FROM THE DESK OF RON PARK

Get a look at the line-up coming our way..and this is only half of what Ron has scheduled:

Feb. 23: Ross Wigney, Meth & more
Feb. 30/Mar. 2: Liz Anderson, Public Relations for State Lottery Commission.
Mar. 9: Jane Duncan, Sr. Services
Mar. 16: VGH's Emergency Room Ops.
Mar. 23: Easter Inspirational by Rev. Johnson, United Methodist Church.

KEY BANK

214 East Main Street

(360)-794-4102

Full Service at the corner!!

HAPPY BIRTHDAY KIWANIS

1924: Kiwanis International becomes our official name.

1925: Kiwanis of Sacramento sponsors a club for "key boys" in the local high school. This first Key Club will grow into the world's largest service club for high school students. Later it is joined by Circle K, service club for college-ians. Builders and K-Kids will follow decades for lower grades.

THE EVERGREEN STATE FAIR

"Something for Everyone!"

24 Hr. Event Line: (425)-388-3200

The 2005 Evergreen State Fair begins:

AUGUST 25

WEBSITE: www.evergreenfair.org

AUGUST CONVENTION PLANS

Hotels, motels & campgrounds fill up that time of the year, so it is important for us to register early. The host hotel is the Vernon Best Western Lodge, 1-800-663-4422. Local merchants will have their wares on display & for sale, like unique crafts, foodstuff and, of course, famous Okanogan Valley wines, in the new "Trade Show" feature.

Mark your calendar, August 11-14th and make your reservations early.

Richard L. Lowell, D.D.S.



Fine Dentistry
523 West Main St. Monroe
(360)-805-9060

BOUNCE: Keeps bees & yellow jackets away. Put some in your pocket, your golf bag or sleeping bag.

FOR YOUR CALENDAR OF EVENTS

March 19: Zone Conference, in Abbotsford, BC

April 19: Division Council, in Lynnwood

July 2-5: International Convention

Aug 11-14: PNW District Convention in Vernon, BC...make reservations early!!



Sept 17: Monroe's Annual Golf Tourney

Note: The Blue Boy's Woodchuck, "Chuck", will have already found his mate, our guarantee of no rain.

SKY VALLEY SPORTING GOODS

Ken Morrell, Prop.

14961 Chain Lake Road

Monroe, WA

Call 794-4242 where good sports go!

FREE LUNCHEON if ????

You are the first to tell your editor what Washington Kiwanis conducted its regular meeting in a coal mine shaft, 700 feet below the surface, April 6, '25. Reply by email or 794-4410.

Need Help with your Income Tax Return Preparation ????

Visit the Monroe office of the Pros...

H & R BLOCK

"Let Paul do it !!" 794-4402 appts.

Don't Toss out those Peelings

Fiber, minerals, vitamins are waiting, but first scrub the skins with tap water. Apple skins may help fight cancer with antioxidants.

Potato **skins** have more fiber, iron, potassium and B vitamins than the rest of the potato. Why waste it? And what about the citrus peels?? Well, grate the outermost part of the rind and use it in baked fish or chicken dishes; it's called "zest" in your recipes.

Have I forgotten anything???

Well, this is your chance to let me have it, whatever it is you want the world to know...I'll print it here...if you're careful in your choice of words!!! Like:

"I love oatmeal"...epo

MONROE KIWANIS CLUB

P.O. BOX 1349

MONROE, WA 98272

Serving the People of Monroe

Since 1928—just ask any Member!!!
